

# Human Services

humanservices.chemeketa.edu

The Human Services program offers training for entry-level positions in human service agencies. It is a two-year career and technical education program that combines academic coursework with 25 credits of supervised field work at two different sites, each of which is at least two terms long. Students select one of two degrees: Addiction Studies or Social Services.

This program has special admissions requirements and enrollment limits. Students with criminal histories may be prevented from obtaining necessary field experience required for program completion. Students recovering from chemical dependency who elect the Addiction Studies AAS degree must have a minimum of two years continuous sobriety in an unrestricted environment before they will be referred to practicum. For additional information, contact the Admissions Office at 503.399.5006.

Post B.A./B.S. students are also eligible to complete the Addiction Counselor Certification Preparation program and earn a one-year certificate. Admission to the certificate program is assessed individually by Donna Hirt, 503.399.6157. Students recovering from a chemical dependency must have a minimum of two years continuous sobriety in an unrestricted environment in order to be referred to practicum.

By enrolling in the CPL120 Credit for Prior Learning Résumé course, you may be able to earn credits for prior learning you acquired through your job, non-credit classes, community or volunteer service, or individual study.

## Program outcomes

### Students completing the AAS degrees will:

- Describe the nature of human systems: individual, group, organization, community, and society, and their major interactions.
- Describe the conditions that promote or limit optimal functioning and classes of deviations from desired functioning in the major human systems.
- Identify and select interventions that promote growth and goal attainment.
- Plan, implement, and evaluate interventions.
- Select interventions that are congruent with the values of one's self, clients, the employing organization, and the human services profession.
- Use process skills to plan and implement services.

### In addition to the AAS outcomes, students completing Addiction Studies AAS and Addiction Counselor Certification Preparation will:

- Describe, identify, assess, and treat addictions.

### In addition to the AAS outcomes, students completing Social Services AAS will:

- Adapt intervention and assessment skills to a variety of agency settings including, but not limited to: crisis counseling, employment services, children's protective services, self-sufficiency, housing, mental health, corrections, and advocacy.

## Getting started

The first step to entering the two-year program is to take part in an assessment process which includes taking the college's free placement test and meeting with Counseling and Career Services. You may need to complete pre-program courses. A counselor will help you develop an individualized program of study, which may include one or more of the following:

MTH020	Basic Mathematics .....	4
RD090	College Textbook Reading.....	3
WR121	English Composition—Exposition.....	3

If you have questions about the requirements, call Counseling and Career Services at 503.399.5120 or 503.399.5048. Failure to be assessed may delay your entry into program classes.

## Addiction Studies Associate of Applied Science

The Addiction Studies AAS degree trains students to work in public and private agencies treating chemically-dependent people and their families. Training sites include both residential and out-patient programs.

The curriculum includes courses in alcohol and drug information, family dynamics, case management, and individual and group counseling skills.

*In addition to tuition, estimated costs for students who complete the entire program listed below are books, \$2,520; class fees, \$220; universal fee, \$848; equipment and supplies, \$241; measles vaccine, \$15. Contact the Financial Aid Office at 503.399.5018 to find out if you qualify for help with these costs.*

An Associate of Applied Science degree is awarded upon successful completion of the required 106 credit hours with a grade of "C" or better in WR227 and all Human Services courses. Twenty-five credits of practicum are required, at least 15 of which must be in an addiction studies placement.

Course Term 1	Title	Credit Hours
HS101	Addiction Pharmacology and Physiology .....	4
HS150	Personal Effectiveness for Human Service Workers.....	3
HS154	Community Resources.....	3
HS170	Introduction to Practicum.....	3
WR227	Technical Writing+ (or higher).....	3

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## Chemeketa Community College

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<b>Term 2</b>	
CIS101	Introduction to Microcomputer Applications (or higher) ..... 3
HS152	Stress Management ..... 1
HS260	Group Dynamics..... 3
HS284A-	
HS288A	Practicum—Human Services ..... 4-8
PSY201	General Psychology—Biological Emphasis+ ..... 3
	Humanities/Fine Arts elective ..... 1
	or
	Science/Applied Science elective ..... 1
<b>Term 3</b>	
HS103	Ethics for Human Service Workers..... 2
HS155	Interviewing Theory and Techniques..... 3
HS211	HIV, TB and Infectious Diseases..... 1
HS219	Case Management and Client Records ..... 3
HS284A-	
HS288A	Practicum—Human Services ..... 4-8
MTH060	Introductory Algebra+ (or higher) ..... 4
<b>Term 4</b>	
HS156	Counseling Theories..... 3
HS213	Multicultural Practice ..... 3
HS214	Advanced Interviewing and Counseling Skills..... 3
HS218A	Group Processes A..... 1
HS284A-	
HS288A	Practicum—Human Services ..... 4-8
PSY239	Introduction to Abnormal Behavior..... 3
<b>Term 5</b>	
HS216	Clinical Screening, Assessment and Treatment Planning..... 3
HS217	Group Counseling Skills ..... 3
HS218B	Group Processes B..... 1
HS284A-	
HS288A	Practicum—Human Service..... 4-8
SOC204	General Sociology—Introduction..... 3
SP111	Fundamentals of Public Speaking ..... 3
	or
SP112	Fundamentals of Persuasion ..... 3
	or
SP130	Business and Professional Speaking ..... 3
<b>Term 6</b>	
HS201	Addiction and the Family System..... 3
HS209	Co-occurring Disorders..... 2
HS218C	Group Processes C..... 1
HS267	Systems Strategies..... 3
HS284A-	
HS288A	Practicum—Human Services ..... 4-8
PSY237	Life Span Development..... 3
SOC205	General Sociology—Institutions ..... 3
	or
SOC206	General Sociology—Social Problems..... 3

**Addiction Counselor Certification Preparation Certificate of Completion**

This one-year certificate program is designed for individuals with a baccalaureate or master’s degree seeking the necessary coursework and practical experience to enable them to compete for employment in the field of addiction treatment. This certificate prepares students to take the Oregon Level I Certified Alcohol and Drug Counselors (CADC) exam.

*In addition to tuition, estimated costs for students who complete the entire program listed below are books, \$1,391; class fees, \$100; universal fee, \$408; equipment and supplies, \$200; measles vaccine, \$15. Contact the Financial Aid Office at 503.399.5018 to find out if you qualify for help with these costs.*

You may earn a Certificate of Completion by successfully completing the required 51 credit hours with a grade of “C” or better in all Human Services courses and a minimum of 15 credits of practicum. This program is four terms in length, beginning with spring term. Students interested in this program must attend the winter term orientation or meet personally with Wanda Urban (503.399.6154), advisor to the program, prior to beginning coursework.

Check the course descriptions in the back of this catalog for details.

<b>Course</b>	<b>Title</b>	<b>Credit Hours</b>
<b>Term 1</b>		
HS101	Addiction Pharmacology and Physiology..... 4	
HS103	Ethics for Human Service Workers ..... 2	
HS155	Interviewing Theory and Techniques..... 3	
HS219	Case Management and Client Records ..... 3	
<b>Term 2</b>		
HS156	Counseling Theories..... 3	
HS213	Multicultural Practice ..... 3	
HS214	Advanced Interviewing and Counseling Skills..... 3	
HS218A	Group Processes A..... 1	
HS285A-		
HS288A	Practicum—Human Services ..... 4-8	
<b>Term 3</b>		
HS216	Clinical Screening, Assessment and Treatment Planning..... 3	
HS217	Group Counseling Skills ..... 3	
HS218B	Group Processes B..... 1	
HS285A-		
HS288A	Practicum—Human Services ..... 4-8	
<b>Term 4</b>		
HS201	Addiction and the Family System..... 3	
HS209	Co-occurring Disorders..... 2	
HS211	HIV, TB and Infectious Diseases..... 1	
HS218C	Group Processes C..... 1	
HS285A-		
HS288A	Practicum—Human Services ..... 4-8	

**Social Services Associate of Applied Science**

The Social Services degree program trains students for employment in social service agencies. These agencies provide services in areas such as crisis counseling, employment services, housing, mental health, corrections, and advocacy.

The curriculum includes courses in personal growth, interviewing, counseling, assessment, and case management.

*In addition to tuition, estimated costs for students who complete the entire program listed below are books, \$2,468; class fees, \$150; universal fee, \$808; equipment and supplies, \$247; measles vaccine, \$15. Contact the Financial Aid Office at 503.399.5018 to find out if you qualify for help with these costs.*

An Associate of Applied Science degree is awarded upon successful completion of the required 101 credit hours with a grade of “C” or better in WR227 and all Human Services courses. Twenty-five credits of practicum are required.

<b>Course</b>	<b>Title</b>	<b>Credit Hours</b>
<b>Term 1</b>		
HS150	Personal Effectiveness for Human Service Workers	3
HS154	Community Resources	3
HS170	Introduction to Practicum	3
PSY201	General Psychology—Biological Emphasis+	3
WR227	Technical Writing (or higher)+	3
<b>Term 2</b>		
CIS101	Introduction to Microcomputer Applications (or higher)	3
HS260	Group Dynamics	3
HS284S-		
HS288S	Practicum—Human Services	4-8
PSY239	Introduction to Abnormal Behavior	3
	Social Services elective*	1
<b>Term 3</b>		
HS101	Addiction Pharmacology and Physiology	4
HS103	Ethics for Human Service Workers	2
HS155	Interviewing Theory and Techniques	3
HS211	HIV, TB and Infectious Diseases	1
HS284S-		
HS288S	Practicum—Human Services	4-8
PSY237	Life Span Development	3
<b>Term 4</b>		
HS152	Stress Management	1
HS156	Counseling Theories	3
HS213	Multicultural Practice	3
HS265	Casework Interviewing	3
HS284S-		
HS288S	Practicum—Human Services	4-8
MTH060	Introductory Algebra (or higher)+	4

<b>Term 5</b>		
HS220	Aging and Society**	3
	or	
HS222	Aging and Behavior**	3
HS266	Case Management	3
HS284S-		
HS288S	Practicum—Human Services	4-8
SOC204	General Sociology—Introduction	3
	Social Services elective*	3
<b>Term 6</b>		
HS267	Systems Strategies	3
HS284S-		
HS288S	Practicum—Human Services	4-8
SOC205	General Sociology—Institutions	3
	or	
SOC206	General Sociology—Social Problems	3
SP111	Fundamentals of Public Speaking	3
	or	
SP112	Fundamentals of Persuasion	3
	or	
SP130	Business and Professional Speaking	3
	Humanities/Fine Arts elective	3
	or	
	Science/Applied Science elective	3

\*Social Services electives (four credit hours total): Any class in Human Services, Anthropology, History, Political Science, Psychology numbered 200 or above, Sociology, Women's Studies, Criminal Justice, Early Childhood Education, Sign Language, or Credit for Prior Learning.

\*\*Offered in alternate years. Consult program chair.