

# Chemeketa Community College 2010 Winter Community Education Classes

Jan. 4–March 20 • Classes start throughout the term



## **Class Listings**

See pages 4–26

## **How to Register**

See page 30

## **Class Locations**

See page 27

*Discover*  
**Chemeketa**   
Community College

# WELCOME.

Join Chemeketa's learning community and find ways to...

- Improve your job skills
- Expand your mind
- Express your creativity
- Explore healthy and fun activities.

We make it easy for you to fit a class into your busy schedule. We strive to bring you up-to-date classes at convenient times, right in your neighborhood.

## What's New This Term?

We've added a lot of new classes this term. Here is a sampling...

Exploring Pastels, page 4

Facebook, Twitter, Wikis and Weblogs, page 5

Creative Sewing Technology, page 6

Country Two Step, page 7

...and much more

## About Community Education Classes

Chemeketa Community Education classes are **self-supporting**. Fees collected from Community Education cover all instructional, administrative, and overhead costs of the program. This program is not funded by the college's general fund tax dollars. Community Education is non-credit, meaning that academic credits are not granted for successful completion of the class. **For more information, see Answers to Frequently Asked Questions on page 29.**

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# SALEM AREA COMMUNITY EDUCATION

Information and Registration • 503.365.4773

## Art

**Exploring Pastels** Express your creativity in pastels! Create an original artwork using soft, hard, and oil pastels, and discover the effects of applying pastels to a variety of surfaces. A list of needed supplies will be furnished at the first class. Deanna White, instructor.

6:15–9:15 pm, Tuesdays, Jan. 12–Feb. 9. Judson Middle School. (CRN 60052) \$79.

**Ya Ya Furniture Art** Transform your ordinary piece of household furniture into a work of art. You will explore the design possibilities for various furniture styles, and transform your piece into your inspired vision. Karen Gurnee, instructor.

6:30–8:30 pm, Tuesdays, Keizer Art Association. \$69.  
Jan. 5–Feb. 2 (CRN 60125)  
Feb. 9–March 9 (CRN 60126)

**Basic Calligraphy** Calligraphy means “Beautiful Lettering”; considered to be the height of refinement, calligraphy remains among the most useful and beautiful forms of art. Practice foundational letterforms of italic, italic script, and uncial scripts derived from Roman Capital scripts and Renaissance letterforms. Call 503.399.6562 for a short list of supplies needed. Lyn Graybeal, instructor. 6:30–8:30 pm, Tuesdays, Salem Campus. \$49.

**Flourishing & Layering Letters;** Jan. 5–Feb. 2  
(CRN 59977)

**Gothic Italic;** Feb. 9–March 9 (CRN 59978)

**Wet Oil Painting (Alla Prima)** Start and finish a painting in one sitting using the painting technique of “Alla Prima”, or wet paint painting. You will achieve dramatic, fresh results from spontaneous inspiration. Peter Fox, instructor.

6–8:30 pm, Thursdays, Keizer Art Association. \$99.  
Jan. 7–Feb. 4 (CRN 60134)  
Feb. 11–March 11 (CRN 60137)

**Screenprinting** Create fine art screenprints. Use the latest technology and non-toxic water-based inks to create beautiful screenprints. All ability levels welcome; call for supply list. Stacie Clark, instructor.

1–5 pm, Saturday, Jan. 16–Feb. 13. Salem Campus.  
(CRN 59986) \$119.

**Relief Printmaking Workshop** Put your hands on Printmaking! Find out about a relief printmaking processes through hands-on experience and demonstrations. All skill levels welcome. All supplies provided; Class fee includes supplies. Stacie Clark, instructor.

1–5 pm, Saturday, March 6. Salem Campus. (CRN 59987) \$49.

**Drawing Concepts, Beginning** Discover colored pencils, a medium that has recently come into its own as a fine art. Local artist and teacher Wendy Steinberg will teach techniques in layering, burnishing and lifting to create rich, glowing effects. You will be surprised at the results! Wendy Steinberg, instructor.

6–8 pm, Thursdays, Jan. 14–28. Salem Campus.  
(CRN 60030) \$69.

**Drawing Concepts, Beyond Beginning** Learn how to draw what you see. You will create successful drawings that capture elements of contour, line integrity, attitude, volume, shading, shapes, and much more. Work at your own pace as you draw better than you ever thought possible! Drawing supplies will be provided. Wendy Steinberg, instructor.

6–9 pm, Thursday, Feb. 4. Salem Campus. (CRN 60039) \$39.

**Abstract/Mixed Media Oil Painting** If you can doodle, you can abstract. You will paint stimulating abstracts in a fun and creative session where you will work with paint, color, and textures on canvas. You’ll find the ability to just let go and have fun as you leave it all on the canvas, illustrating your thoughts, emotions, or organic patterns. Feel free to bring items to incorporate into your painting (fabric, paper, photos, small objects, wire, string, etc). All other supplies will be provided. Wendy Steinberg, instructor.

10 am–3 pm, Saturday, Salem Campus. \$69.  
Jan. 16 (CRN 60026)  
Jan. 30 (CRN 60038)

**Oil Painting Workshop** Explore painting with oils and make a beautiful painting. Bring a photo or idea for inspiration, and create your masterpiece. The instructor’s guidance will lead you through the process from start to finish. No experience necessary; all supplies provided. Wendy Steinberg, instructor. \$79.

6–8 pm, Thursdays, Salem Campus.  
Feb. 11–25 (CRN 60025)  
March 4–18 (CRN 60037)

## Automotive Technology

**Auto Body Repair** Hands on class for all levels of students interested in working on their own auto restoration projects. Specialty cars welcome! For information and registration call 503.399.8690. Les Baker, instructor.

6:30–9:30 pm, Thursdays, Jan. 7–March 11.  
Salem Campus. (CRN 55181) \$170.

**Call 503.365.4773 to register for Salem Area classes**

# Computer Skills

**Google for Success** Google is more than an internet search engine. Discover the many applications, features and functions that Google has to offer, and put them to work to make your life successful. Karen Gurnee, instructor.

9–11 am, Saturdays, Salem Campus. \$59.

Jan. 9–23 (CRN 60099)

Jan. 30–Feb. 13 (CRN 60100)

Feb. 20–March 6 (CRN 60101)

**Basics of Buying & Selling on eBay** Have a house full of stuff to sell or an empty house to fill? This course will help you become a registered eBay user and show how to research items when buying or selling on eBay. This course will help you choose the right selling formats, payment options, and pricing strategies for buying and selling on eBay. Patricia Gilson, instructor.

6–8:30 pm, Thursdays, Jan. 7–28. Salem Campus. (CRN 60016) \$59.

**Beyond the Basics of Selling on eBay** If you've already been buying and selling on eBay, this class is for you. Learn how to use great computer tools like "Turbo Lister" and "Auctiva", discover marketing strategies to maximize sales and profits, and manage your active, sold and unsold listings. Patricia Gilson, instructor.

6–8:30 pm, Thursdays, Feb. 4–25. Salem Campus. (CRN 60015) \$59.

**Facebook Twitter Wikis & Weblogs, Beginning** Begin connecting to people around the world quickly and easily as you explore the utility of online networking platforms. Quickly navigate, create, share, and communicate all over the world wide web safely using powerful web-tools for personal or professional ventures. Basic knowledge of computers and some online experience needed.

6–8 pm, Tuesdays, Salem Campus. \$69.

Ulises Rodriguez, instructor. Wednesdays, Jan. 20–Feb. 10 (CRN 60192)

Kevin Murphy, instructor. Tuesdays, Feb. 9–March 2 (CRN 60054)

**Facebook Twitter Wikis & Weblogs, Intermediate** Continue connecting to people around the world quickly and easily as you explore the utility of online networking platforms. Expand your ability to use the versatile tools of the world wide web to restrict access, monitor the online activities of your children, market your services or products and more. For students who have taken the beginning web tools class.

9 am–1 pm, Saturdays, Salem Campus. \$69.

Ulises Rodriguez, instructor. Jan. 30–Feb. 6 (CRN 60193)

Kevin Murphy, instructor. March 13–20 (CRN 60055)

**Home Computer Workshop: Introduction** Not sure where to start with your computer? Gain basic computer operations skills in this relaxed paced class for students new to computers. You'll use the keyboard, mouse, and Windows. Salem Campus. \$59.

Lisa Pinter, instructor. 2–4 pm, Thursdays, Jan. 7–21 (CRN 58615)

Veronica Murray, instructor. 10 am–noon, Saturdays, Jan. 9–23 (CRN 55136)

**Home Computer Workshop: Word Processing** Create and save letters and documents on your PC. Now that you have the basics down, use your computer to create and edit documents and save your work for future use. This fun paced class is geared to students who have taken the basic operation of computers class.

Salem Campus. \$59.

Lisa Pinter, instructor, 2–4 pm, Thursdays, Jan. 28–Feb. 11 (CRN 58616)

Veronica Murray, instructor. 10 am–noon, Saturdays, Jan. 30–Feb. 13 (CRN 55137)

**Home Computer Workshop: Internet & Email** Write e-mails to friends and family, and shop online safely. Practice sending and receiving e-mails, and shop, research and use the Internet to find information. This fun, relaxed paced class is geared to students who have taken the basic computer operation class.

Salem Campus. \$59.

Lisa Pinter, instructor, 2–4 pm, Thursdays, Feb. 18–March 4 (CRN 58617)

Veronica Murray, instructor, 10 am–noon, Saturdays, Feb. 27–March 13 (CRN 55917)

## Computer Lab Access

For Educational and Professional Projects

Are you taking an online class, conducting research for a class project, writing a paper, or preparing for a presentation? Community residents 18 years and older are invited to use the computer labs at Chemeketa's Outreach Centers.

### McMinnville Open Lab • 503.472.9482

Monday–Thursday, 8 am–9 pm

Friday, 8 am–5 pm

Saturday, 9 am–noon

### Woodburn Open Lab • 503.981.8820

Call for open lab times.

### Dallas Open Lab • 503.623.5567

Dallas lab is available for Chemeketa student use only. Call for open lab times.

Call 503.365.4773 to register for Salem Area classes

## Crafts & Hobbies

**Cake Decorating** Use Wilton equipment and techniques to work with Fondant, and decorate Tiered Cakes. Expand your ability to apply Cornelle Lace, Brush Embroidery, String Work, Garland, Fondant Roses, Lily Nail Flowers, Present Cake, and Modeling Clay. Workbook provided. Brenda Berg, instructor.

6:30–8:30 pm, Thursdays, Jan. 7–Feb. 4. Crossler Middle School. (CRN 60553) \$74.

**Cake Decorating** Use Wilton equipment and techniques to expand your use of Fondant and Gum Paste, including covering a cake with Fondant, Draping, Handkerchief-style Overlay, Fondant Borders, Gum Paste Flowers, and Advanced Gum Paste Flowers. Workbook provided. Brenda Berg, instructor.

6:30–8:30 pm, Thursdays, Feb. 11–March 11. Crossler Middle School. (CRN 60554) \$74.

**Knitting, Beginning to Intermediate** A modern approach to an ancient skill, you'll make a hand-knitted project that you can proudly show to your friends and family using the newest yarns and techniques. Class space is limited! Carol Laizure, instructor.

6:30–8:30 pm, Tuesdays, Jan. 5–March 16. Whiteaker Middle School. (CRN 60012) \$99.

**Knitting Lace** Expand your knitting skills and make beautiful lace, and work on a scarf, shawl or stole project. For students who have completed the Knitting Beginning Class, or for those who have knitting experience. Carol Laizure, instructor.

6:30–8:30 pm, Thursdays, Jan. 7–March 18. Whiteaker Middle School. (CRN 60013) \$99.

**Jewelry Making, Kumi Himo Necklace or Bracelet** Discover Kumi Himo, the Japanese braiding technique. People new to Kumi Himo will start with a simple round braid, and those who are familiar will create a flat braid, then you will beautify your necklace or braided bracelet with bead fringes, and finish with silver cones and clasps. Jewelry supplies provided, call for short list of tools to bring. Kay Fielding, instructor.

10 am–3 pm, Saturday, Jan. 23. Center 50+. (CRN 60121) \$74.

**Jewelry Making, Knot Tying & Netting w/Beads Necklace** Make your own creative jewelry by tying interesting knots using satin cord and ribbons. Then add netted beads to create a beautiful necklace. Note: the knots will be different from those taught in previous classes. Jewelry supplies provided; call for short list of tools to bring. Kay Fielding, instructor.

10 am–3 pm, Saturday, Feb. 27. Center 50+. (CRN 60122) \$74.

**Jewelry Making, Chain Mail Bracelet in Copper** Experience the process of making chain mail, and create a beautiful copper chain mail bracelet. Jewelry supplies provided; call for short list of tools to bring. Kay Fielding, instructor.

10 am–3 pm, Saturday, March 13. Center 50+. (CRN 60123) \$74.

**Sew-Craft Technology** You'll be amazed at how easy it is to create successful sewing projects when you discover the capabilities and versatility of the technology available for sewing machines....and the hint, tips, and tricks will get you going on fun and creative projects. Pamela Greer, instructor.

Salem Campus. \$69.

9 am–4 pm, Saturdays, Jan. 30 (CRN 60027)

9 am–Noon, Wednesday & Thursday, Feb. 10 & 11 (CRN 60036)

**Creative Sewing Applications Workshop** Apply modern technology and techniques to design and create a creative sewing project. You will make material selection with your design and purpose in mind, then use the latest technological innovations in sewing technology to put it all together. Please bring your sewing machine to class. Call or email for list of supplies. Pamela Greer, instructor.

9 am–5 pm, Saturday, Feb. 6. Location TBA. (CRN 60029) \$99.

**Creative Quilting Applications** Apply modern technology and techniques to design and create your creative quilt for accenting a scrapbook. You will make material selection with your design and purpose in mind, then use the latest technological innovations in sewing technology to put it all together. Please bring your sewing machine to class. Call or email for list of supplies. Pamela Greer, instructor.

10 am–noon, Thursdays, Feb. 18–March 18. Location TBA. (CRN 60035) \$99.

## Creative & Performing Arts

**Guitar Beginning** Have you always wanted to play the guitar? Join this friendly, relaxed paced class. Learn beginning chords, strums, and fundamental guitar skills while playing sing-a-long songs. Textbook Provided. Joe Amsherry, instructor.

6:30–8:30 pm, Thursdays, Jan. 7–March 11. Center 50+. (CRN 60105) \$129.

**Guitar Beginning** Learn to read and play music on your guitar using the easy small-step method. You'll be playing easy songs in 3 weeks, and then learn timing, and to play notes on a 6 string in addition to chords and chord strumming. Carl Treski, instructor.

8–9:15 pm, Tuesdays, Salem Campus. \$59.

Jan. 5–Feb. 2 (CRN 60040)

Feb. 16–March 16 (CRN 60042)

**Call 503.365.4773 to register for Salem Area classes**

**Guitar Intermediate** Take your guitar playing to the next level. Continuing guitar students are invited to work on new chords, picking, strumming, note reading, and exploring blues, jazz and other styles of playing. Rob Green, instructor.

6:30–8:30 pm, Thursdays, Jan. 7–March 11. Center 50+.  
(CRN 60124) \$109.

**Bass Guitar Beginning** Learn to read and play music on your bass guitar using the easy small-step method. You will be playing easy bass parts in 3 weeks, and focus on the fundamentals of timing. Carl Treski, instructor.

8–9:15 pm, Thursdays, Salem Campus. \$59.  
Jan. 7–Feb. 4 (CRN 60041)  
Feb. 18–March 18 (CRN 60043)

**Songwriting, Beginning** You don't need to be a professional musician to write a song any more than you need to be a professional chef to cook a meal! Unlock the secrets of how songs are written, and write a song that people want to hear. You will leave with several tantalizing musical recipes for writing great songs. Dan Lowe, instructor.

6:30–8:30 pm, Mondays, Jan. 4–March 8. Weddle Middle School. (CRN 60082) \$179.

**Songwriting, Continuing** Delve deeper into songwriting and develop and refine your skills; move from writing appetizers to composing a main course of music, then on to desserts! Dan Lowe, instructor.

6:30–8:30 pm, Tuesdays, Jan. 5–Feb. 23. Weddle Middle School. (CRN 60083) \$179.

**Songwriting Workshop** Join instructor Dan Lowe for an interactive and engaging songwriting workshop. You'll improve your songwriting, learn from others, and fine tune the lyrical, melodic, harmonic, and rhythmic elements of your songs. Dan Lowe, instructor.

8:30 am–12:30 pm, Saturday, Salem Campus. \$49.  
Jan. 9 (CRN 60084)  
Feb. 6 (CRN 60085)  
March 6 (CRN 60086)

**Piano, Just for Fun** Learn to play the piano in just 3 hours! Discover how easy it is to play the piano NOW, without years of practice. Learn all the chords you will need to play any song in any style, with positive results and more time for fun! Includes \$25.00 instructional book. Donn Rochlin, instructor.

6–9 pm, Thursday, Jan. 21. Salem Campus. (CRN 60078) \$94.

**Finding Your Voice in Music** Find your voice in music, gain confidence in your singing, playing, and music reading abilities. You'll find your place in the world of music as you discover and develop your own musical style. Jessica Mullis, instructor.

6:30–8:30 pm, Thursdays, Jan. 7–Feb. 4. Leslie Middle School. (CRN 60189) \$89.

**Art of Clowning** Find and develop your clown character in this thorough introduction to clowning as a performing art. Gain the fundamental clowning skills, philosophy, and ethics of clowning necessary for performing at public, private, and community events! Student involvement, participation, and interaction are stressed. Mike Bednarek, instructor.

9 am–4:40 pm, Saturdays, Jan. 23–Feb. 6. Salem Campus. (CRN 59982) \$109.

## Dance

**Salsa Dance, Beyond Beginning** More Latin beats and Salsa steps for continuing students. DeAnna Ramirez, instructor.

6:30–8:30 pm, Thursdays, Feb. 11–March 11. Whiteaker Middle School. (CRN 60090) \$69.

**Salsa Dance, Beginning** Get the Latin beat in your feet! Learn basic Salsa steps and patterns. Focus on how to work with a partner, leading and following, turns, passes, and underarm moves. DeAnna Ramirez, instructor.

6:30–8:30 pm, Thursdays, Jan. 7–Feb. 4. Whiteaker Middle School. (CRN 60069) \$69

**Tap Dance, Beginning** Become the next Broadway sensation! Perform short tap dance routines that focus on footwork, rhythm, movement, style, and fun. Tap to jazz and Broadway medleys. Beginning and continuing students welcome. Dee Montgomery-Smith, instructor.

5:30–7 pm, Tuesdays, Jan. 5–Feb. 16. First Congregational Church. (CRN 60103) \$79.

**Country Two Step, Beginning** You and your partner will make an impression on the dance floor after taking this Country Two-Step Dance class. Come see how much fun and easy Country Two-Step is to learn; start with the basics and incorporate turns and other moves. Couples please.\* Jason Carter, instructor.

6:30–8:30 pm, Thursdays, Jan. 7–Feb. 4. Hammond Elementary School. (CRN 60031) \$69.

**Country Two Step, Beyond** Couples please.\*

6:30–8:30 pm, Thursdays, Feb. 11–March 11. Hammond Elementary School. (CRN 60032) \$69.

**Ballroom Swing Basics** Develop and show your confidence on the dance floor after finding out how easy it is to ballroom swing dance. Karen Gurnee, instructor.

6:30–8:30 pm, Thursdays, Jan. 7–Feb. 4. Judson Middle School. (CRN 60130) \$69.

\*Registration fee assessed per person.

**Call 503.365.4773 to register for Salem Area classes**

**Nightclub Two Step, Beginning** Nightclub Two Step is one of the most versatile dances to know, and stepping into Nightclub Two Step will be easy for you and your partner. Start with the basic smooth steps and patterns and focus on how to work with your dance partner, leading and following, making turns and passes, and under arm moves. Couples please.\* Kathy Carter, instructor.

6:30–8:30 pm, Mondays, Jan. 4–Feb. 1. Hammond Elementary School. (CRN 60033) \$59.

**Nightclub Two Step, Intermediate** (CRN 60034) Build on your basic knowledge of Nightclub Two Step and gracefully glide across the floor together in slow and romantic fashion. For students who have taken the Nightclub Two Step Beginner class. Couples please.\* Kathy Carter, instructor. 6:30–9 pm, Mondays, Feb. 8–March 15. TBA. \$69.

\*Registration fee assessed per person.

**English Country Dancing** Step into the world of “Sense and Sensibility.” Have fun as you learn the elegance, grace, and manners of English Country Dance. You will learn basic dance steps, etiquette, and dances from a variety of periods. Laura Plett, instructor. 7:30–8:50 pm, Tuesdays, Jan. 5–Feb. 9. Judson Middle School. (CRN 60087) \$49.

**Belly Dance** Immerse yourself in traditional Cabaret Style Belly Dance; covers the basics of Egyptian and Arabic dances with arm, hip, grapevine, Aeda, and camel movements, and practice body and belly roll, shimmy, and free dance. Donna Hurless, instructor. 7:30–9 pm, Mondays, Jan. 4–March 15. Cascade Community Center. (CRN 60080) \$79.

**Belly Dance Tribal Improv Series** Experience tribal belly dance inspired by fire and theatrics. Come with an experimental and alternative imagination and you’ll be bound to discover new ways to move. All level dancers welcome. Wear comfortable clothes, foot covers, knee pads and a yoga mat are recommended. Lorraine Hanson, instructor. Salem Campus. 9–10:30 am, Saturdays.

Jan. 9–March 13, (CRN 60138) \$99 (Save \$31)

Belly Dance Improv 1, Jan. 9–Feb. 6, (CRN 60212) \$65

Belly Dance Improv 2, Feb. 13–March 13, (CRN 60213) \$65

**Hip Hop Dance Workout** Get your groove on! Get a great workout as you learn the body rolls, pops, locking and stomping moves of Hip Hop Dance. This dance and fitness class will get you moving! Trinisha Wyatt, instructor.

6:30–8 pm, Tuesdays, Jan. 5–26. Whiteaker Middle School. (CRN 59981) \$49.

## Fitness & Health

**Aikido as a Martial Art, Beginning** Learn to safely take falls and rolls on mats, and be introduced to the Boken (Wooden Sword) and the Jo (Short Staff), in this fun introduction to Aikido...a traditional Martial Art of integrated body movement. Bruce Affsprung, instructor. 6:30–8 pm, Wednesdays, Judson Middle School. \$49.

Jan. 6–Feb. 3 (CRN 59958)

Feb. 10–March 10 (CRN 59960)

**Aikido as a Martial Art, Intermediate** For continuing Aikido students who wish to deepen their training. This class explores general and advanced techniques, both empty hand (tai jutsu), and with Boken and Jo. It is tailored for students with a serious commitment to martial arts. Bruce Affsprung, instructor. 6:30–8 pm, Tuesdays & Thursdays, Judson Middle School. \$89.

Jan. 5–Feb. 4 (CRN 59923)

Feb. 9–March 11 (CRN 59959)

**Aikido as a Martial Art Workshop** (CRN 59922) Warm up for the intermediate class, or transition from the beginning level to the intermediate level. Bruce Affsprung, instructor. 6:30–8 pm, Tuesday & Thursday, March 16 & 18. Judson Middle School. \$19.

**Tai Chi Movement** Study the mind-body practice that originated in China as a martial art. Practice the slow, gentle and fluid tai chi movements while breathing deeply and meditating. Release tension, improve balance, and gain fitness. Tai Chi will help you revitalize, meditate, and concentrate. Dennis Gifford, instructor.

6:30–8 pm, Tuesdays, Jan. 5–March 9, Judson Middle School (CRN 53405) \$65

6–7:30 pm, Wednesdays, Jan. 6–March 10, Cascade Community Center (CRN 59988) \$65

10–11:30 am, Saturdays, Jan. 16–Feb. 6, Center 50+ (CRN 56124) \$35

10–11:30 am, Saturdays, Feb. 13–March 6, Center 50+ (CRN 60008) \$35

**Body Ball Fitness** Have fun and invigorate your health by conditioning with a body ball in a non-threatening environment. You will learn more about different parts of your body, and use effective body ball exercises to tone and condition them. Joshua Rainey, instructor.

6–7:15 pm, Mondays, Jan. 4–March 8. Crossler Middle School. (CRN 59974) \$89.

**Fitness for Adults—Cardio** Safely incorporate weight training and cardiovascular exercise into your health regimen as you create an individualized health plan based on your current abilities and your health goals. Joshua Rainey, instructor.

7:30 – 8:45 pm, Mondays, Jan. 4–March 8. Crossler Middle School. (CRN 59973) \$89.

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**Adult Weight Loss & Fitness** Take charge of your health by enrolling in the Adult Weight Loss class; based on the Biggest Loser, this class will motivate you, keep you focused, and celebrate each weight loss milestone reached. Joshua Rainey, instructor.

6–7:15 pm, Wednesdays, Jan. 6–Feb. 24. Crossler Middle School. (CRN 59975) \$89.

**Weight Training for Women** Weight training for women is designed to take the intimidation out of basic weight training. You will individualize your fitness program, and experience the health benefits of basic weight training, including increased strength and metabolism. Joshua Rainey, instructor.

7:30–8:45 pm, Wednesdays, Jan. 6–Feb. 24. Crossler Middle School. (CRN 59976) \$89.

**Japanese Sword Martial Art** Japanese Sword Martial Art, known as “Musō Jikiden Eishin Ryu Iaido”, is the martial art of drawing, cutting, and sheathing a Japanese sword safely and with proper classical etiquette. Kent Enfield, instructor.

6:30–8:30 pm, Thursdays, Jan. 7–March 11. Salem Campus. (CRN 60140) \$129.

**Successful Youth Coaching Series** Hey Coach! This workshop series will give you an understanding of how to help young athletes succeed, in sports and in life! You will become a more successful coach, and help your young athletes have a winning, can-do attitude on and off the playing field. Enroll in the series and save \$38. See workshop descriptions below: Larry Cheyne, instructor.

6:30–8:30 pm, Tuesdays, Feb. 9–23. Salem Campus. (CRN 59962) \$49.

**Youth Sports Season Planning** Having a plan is critical to success; this workshop will give you the tools needed to plan a successful season, including practices, games, parent meetings, fundraising, and more. Larry Cheyne, instructor.

6:30–8:30 pm, Tuesday, Feb. 9. Salem Campus. (CRN 59963) \$29.

**Coaching Communication** Effective communication gets results; this workshop will help you focus on communicating more effectively with parents, players, officials, and league managers. You will also discover the power of positive reinforcement in developing team attitude and individual player skills. Larry Cheyne, instructor.

6:30–8:30 pm, Tuesday, Feb. 16. Salem Campus. (CRN 59964) \$29.

**Coaching Kids to be Successful** Discover why sports are so important to the development of young people, and the importance of the roles you play throughout the sporting experience. Unleash the potential that young people have by knowing when and how to be an effective teacher, administrator, decision maker, and more. Larry Cheyne, instructor.

6:30–8:30 pm, Tuesday, Feb. 23. Salem Campus. (CRN 59965) \$29.

**T'ai Chi Ch'uan: Yang Style, Beginning** Join us in this ideal low-impact workout. You'll exercise the 8 Great Performances and the 24 movements of the simplified Yang Style. Tai Chi Chuan is a beautiful traditional exercise that helps relieve stress, gain Chi power, and improve your overall fitness and health. Students will combine their mind, body movements and breathing into one. Ling Di-Havlin, instructor.

5:30–7 pm, Wednesdays, Grant Elementary School. \$49.  
Jan. 6–Feb. 3 (CRN 60073)  
Feb. 10–March 10 (CRN 60074)

**T'ai Chi Ch'uan: Yang Style, Intermediate** Continuing students will refine and expand on the 24 movements learned in the beginning class, gain a life long competency in Tai Chi, and continue to learn more about the Chinese culture. Ling Di-Havlin, instructor.

7:15–8:45 pm, Wednesdays, Grant Elementary School. \$49  
Jan. 6–Feb. 3 (CRN 60075)  
Feb. 10–March 10 (CRN 60076)

**Qi Gong** Through Qi Gong, you will find effective ways to relax and improve your health. The simple exercises you will learn will drain the stress away, and you will become restored and ready for whatever life throws at you. Manuel Litwak, instructor.

9:30–11:30, Saturdays, Jan. 9–23. Salem Campus. (CRN 60250) \$59.

**Better Bones & Balance** Reap the benefits OSU Bone Research studies have shown. This exercise program will significantly slow the rate of bone loss in adults of all ages. Improve your balance, flexibility and coordination, and see an increase in muscle tone and overall body fitness. Formerly known as Osteoporosis Risk Reduction. Mary Bauman, instructor.

6–7 pm, Tuesdays & Thursdays, Jan. 12–March 11. Judson Middle School. (CRN 60116) \$99.

**Yoga for Health** Strain, laugh, and do more for your health, body and well-being than you ever imagined possible. Develop proper breathing techniques and build strength through poses, mental focus, body and mind awareness, and deep relaxation. All level students welcome. Mary Bauman, instructor.

11:30 am–12:30 pm, Saturdays, Jan. 9–Feb. 27. Salem Campus. (CRN 60251) \$69.

**Call 503.365.4773 to register for Salem Area classes**

**Karate** Participate and learn the fundamentals, traditions, philosophy and techniques of this ancient form of Karate. Students will gain self-discipline, self-confidence, and self-defense! Ricardo Olalde, instructor.

6:30–8:30 pm, Tuesdays & Thursdays, Leslie Middle School. \$69

Jan. 5–Feb. 4 (CRN 60131)

Feb. 9–March 11 (CRN 60132)

**Dodgeball** Get ready to dodge, dip, twist and dodge, and get a fun physical workout. Steve Gonzalez, instructor.

6:30–8:30 pm, Thursdays, Jan. 7–Feb. 11. Judson Middle School. (CRN 59980) \$79.

**Feeling Your Best, Keys to Staying Healthy** Become and stay healthy: Broaden your perspective on how to obtain and maintain optimal health by using fun strategies and resources that have been proven to be effective in helping you make healthy decisions and choices. You'll become aware of your health related choices daily, and the affects they have on your health. Textbook required. Tom McCaffrey, instructor.

6:30–8:30 pm, Tuesdays, Jan. 12–26. Judson Middle School. (CRN 60056) \$89.

**Healthy Back** Experience the exercises that will help you avoid pain, and understand and utilize rehabilitative exercise principles of yoga, core strength, deep breathing and more. This class is a must for anyone who wants a "Healthy Back".

5:30–6:30 pm, Mondays, Jan. 4–March 1. Indigo Wellness Center, South. (CRN 60355) \$89.

**Introduction to Yoga—Hatha Yoga** Hatha yoga is practiced for physical and mental health, and this class provides students with an expanded exploration of basic yoga poses and body alignment principles.

6–7:30 pm, Mondays & Wednesdays, Jan. 4–27. Indigo Wellness Center, South. (CRN 60356) \$89

**Gentle Yoga** Discover these modified yoga poses that will help you ease stiffness and encourage flexibility. In Gentle Yoga, you will also use props to provide additional balance and support. Older adults and people with physical challenges will find Gentle Yoga especially beneficial.

10–11:15 am, Tuesdays & Thursdays, Jan. 5–Feb. 25. Indigo Wellness Center, South. (CRN 58693) \$149.

**Power Yoga Flow** Increase your strength, flexibility and cardiovascular health in this strong flowing form of yoga. Designed for continuing and intermediate level students, power yoga will take your yoga experience to the next level.

5:30–7 pm, Tuesdays & Thursdays, Jan. 5–Feb. 4. Indigo Wellness Center, South. (CRN 58692) \$149.

**Introduction to Yoga** An exploration of basic body alignment principles and poses that gently introduce you to the practice of yoga. Basic pranayama breathing principles will also be covered.

10–11:15 am, Saturdays, Jan. 9–Feb. 27. Indigo Wellness Center, South. (CRN 60357) \$89.

## Foods & Culinary Arts

**Vegetarian Grab & Go** Maintain a healthy diet, even with a busy on-the-go lifestyle. Prepare easy, quick, and deliciously portable meals that will keep you fueled up throughout your busy day. These low-fat, cholesterol-free, pure vegetarian dishes are especially convenient to eat while working or at a sporting event. Come hungry, samples are provided. David Gabbe, instructor.

6–9 pm, Wednesday, Jan. 13. Center 50+. (CRN 60009) \$39.

**Vegetarian Cooking Adventures with Tofu** Eating tofu daily may result in reduced risk of cancer, heart disease, and osteoporosis, and when tofu is mixed with the right seasonings, it is downright tasty! Watch how easy it is to transform tofu into savory dishes and get new ideas on using tofu in your menu planning. Come hungry, samples are provided. David Gabbe, instructor.

6–9 pm, Wednesday, Feb. 10. Center 50+. (CRN 60010) \$39.

**Vegetarian Beans & Grains Magic** Beans and whole grains are among the most hearty and healthful foods around, and when combined with other natural ingredients, beans and grains provide a world of exciting dishes, including desserts. Discover the magic in beans and grains, and watch how easy it is to prepare pure vegetarian dishes that are inexpensive, low-fat, and cholesterol-free. Come hungry, samples are provided. David Gabbe, instructor.

6–9 pm, Wednesday, March 3. Center 50+. (CRN 60011) \$39.

**Red, White, & True Blue BBQ** Fire up the BBQ and explore the different types and styles of BBQ in the USA. You will use and prepare a variety of rubs, spices, mops and sauces to enhance selected meats, and prepare delicious BBQ's meat over a properly maintained fire. Come hungry! David McDowell, instructor.

6–8 pm, Thursdays, Jan. 7–March 4. Brooks Public Safety Facility. (CRN 60072) \$149.

**Eating "Au Natural"** Eat food the way nature intended! Find out where to find foods free of MSG, and discover how MSG is disguised on food labels. Come hungry, MSG free food samples will be provided. Jenni Thiessen, instructor.

6:30–9 pm, Thursday, Whiteaker Middle School. \$39.

**Dips, Dressings & Sauces**, Jan. 14 (CRN 60117)

**Desserts**, Feb. 11 (CRN 60118)

**Main Dishes**, March 11 (CRN 60119)

**Call 503.365.4773 to register for Salem Area classes**

**Farmer's Market 101** Explore a realistic view of participating in a Farmer's Market. See whether a farmer's market fits your business and lifestyle, and have a clearer understanding of the rewards, difficulties, rules and regulations and costs involved in selling a farmer's market. Jodine Wood, instructor.

6:30–9:30 pm. \$39.

Thursday, Feb. 11, Walker Middle School (CRN 59979)

Tuesday, March 2, Judson Middle School (CRN 60063)

**Asian Culinary Delights, Series 1** Discover the secrets to preparing authentic Asian cuisine, and learn about the cultural significance of the ingredients and preparation methods. These hands-on workshops will have you preparing these delicious dishes with confidence. Enroll for the series, or select from the individual workshops below. Come hungry, samples will be provided. Maly Herr, instructor.

6–9 pm, Thursdays, Jan. 7–28. Houck Middle School.

Series; (CRN 60160) \$119 (Save \$37)

**Crispy Egg Rolls with Peanut Sweet Sauce,**

Jan. 7 (CRN 60161) \$39

**Lemon Grass Chicken with Sticky Sweet Rice,**

Jan. 14 (CRN 60162) \$39

**Spring Rolls with Sweet Chili Sauce,** Jan. 21

(CRN 60164) \$39

**Stir Fry Beef and Rice Noodles,** Jan. 28

(CRN 60165) \$39

**Asian Culinary Delights, Series 2** Discover the secrets to preparing authentic Asian cuisine, and learn about the cultural significance of the ingredients and preparation methods. These hands-on workshops will have you preparing these delicious dishes with confidence. Enroll for the series, or select from the individual workshops. Come hungry, samples will be provided.

Series; 6–9 pm, Thursdays, Feb. 4–25 (CRN 60249) \$119

(Save \$37) Maly Herr, instructor. Houck Middle School.

**Ground Beef Cabbage with Steamed Rice,** Feb. 4

(CRN 60166) \$39

**Wonton Soup,** Feb. 11 (CRN 60167) \$39

**Pork Fried Rice,** Feb. 18 (CRN 60168) \$39

**Steam Rice Rolls,** Feb. 25 (CRN 60169) \$39

**Vibrant Living Raw Foods** Make easy meals, desserts, and snacks that are full of healthy enzymes, minerals, vitamins and fats that are not destroyed by cooking. You'll see how these great foods are prepared, and taste samples too! Enroll for the series, or select from the individual workshops below. Meets every other Monday, Whiteaker Middle School.

Series; 6:30–8:30 pm, Mondays, Jan. 11–Feb. 22. (CRN 60158) \$119 (Save \$37) Susan Clow, instructor.

**Desserts,** Jan. 11, (CRN 60154) \$39

**Salads,** Jan. 25, (CRN 60155) \$39

**Main Dishes,** Feb. 8, (CRN 60156) \$39

**Smoothies,** Feb. 22, (CRN 60157) \$39

## Health Education

**Medicinal Herbalism** Discover the many uses of western botanical medicines; make basic teas and tinctures, and learn how to work with oils. Students will take samples home, and all supplies are provided. Jo Powell, instructor.

10 am–4 pm, Saturday, Feb. 6. Salem Campus.

(CRN 58481) \$64.

**Aromatherapy** Aromatherapy is more than just inhaling! Discover how to use essential oils for fun and wellness.

The key concepts of aromatherapy will be covered as you blend and use aromatherapy products. Recommended prerequisite—Medicinal Herbalism. Students will take samples home, and all supplies are provided. Jo Powell, instructor.

10 am–4 pm, Saturday, March 6. Salem Campus.

(CRN 60067) \$64.

## Home & Garden

**Home Wiring Basics** Explore the wonders of the electrical wiring in your home. Follow along with a professional electrician/inspector as you explore branch circuits, plugs and switches, circuit breakers, fixtures, and other fascinating electrical phenomena found in the wiring of a typical home. Gary Noble, instructor.

6:30–8:30 pm, Wednesdays, Jan. 6–March 17. Judson

Middle School. (CRN 60091) \$129.

**Remodel Your Home and Live to Tell About It** Are you ready to remodel or renovate a part of your home? Get a full understanding of the remodeling process and how to prepare yourself and family for it. Your eyes will be opened to the good, bad, and ugly of remodeling, and strategies for preventing problems and completing your project in a realistic time frame. Jack Johnston, instructor.

7–9 pm, Wednesdays, Jan. 13–27. South Salem High

School. (CRN 60046) \$59.

**Designing Your Dream Kitchen** Incorporate your creativity and design ideas as you create a plan for a more functional, updated, modern and environmentally friendly kitchen. The kitchen is the most used room of your home, and kitchen remodeling is in hot demand. Jillian Renner, instructor.

6:30–8:30 pm, Tuesdays, Jan. 5–Feb. 2. Salem Campus.

(CRN 59985) \$69.

**Designing Your Dream Bath** Is your bathroom in need of a face-lift? This class will help you create a plan to transform your bathroom into a more enjoyable space in your home. Customize your design with your ideas, and leave with a plan for an updated, stylish bathroom. Jillian Renner, instructor.

6:30–8:30 pm, Tuesdays, Feb. 9–March 9. Salem

Campus. (CRN 59984) \$69.

**Call 503.365.4773 to register for Salem Area classes**

**Decorating; Style, Color & Accessories** Set the mood of your home or office through the use of style, color combinations, floor plans and accessories, and get started on your interior decorating project. Linnea Davenport, instructor.

6:30–9 pm, Wednesdays, Jan. 6–Feb. 10. Judson Middle School. (CRN 59953) \$89.

**Decorating: Series & Workshops** Transform your home decorating ideas into reality. This class will teach you about furniture, window treatments, floor and wall coverings, and lighting ideas. Take a field trip to local businesses to see decorating samples and products. Enroll for the series, or select from the individual workshops below.

**Series;** Feb. 17–March 10 (CRN 59952) \$69 (Save \$31)  
Linnea Davenport, instructor. 6:30–9 pm, Wednesdays, Judson Middle School. \$69.

**Furniture & Fabrics;** Feb. 17 (CRN 59954) \$25

**Fabulous Floors;** Feb. 24 (CRN 59955) \$25

**Window Treatments;** March 3 (CRN 59956) \$25

**Walls & Lighting;** March 10 (CRN 59957) \$25

## Languages

**Foreign Language Classes** Whether you are planning to travel or want to learn a language for business, our Foreign Language Classes will introduce the language and culture, while providing you with conversational skills in a fun, relaxed, and informal atmosphere. Our instructors bring a contagious enthusiasm to their classes, and fun and easy homework will keep you coming back for more. In the beginning classes, you'll acquire basic listening and speaking skills as you practice the alphabet, numbers, greetings, and introductions, with a gradual transition to practical phrases. In the classes for continuing students, you will expand your conversation and literacy skills as you take the first steps toward mastering the language.

**Arabic, Beginning** (CRN 57222) Textbook required. Mohammed Boulali, instructor. 6:30–8:30 pm, Thursdays, Jan. 7–March 11. Salem Campus. \$119.

**Chinese, Beginning** (CRN 55934) Textbook required. Jing Liu, instructor. 6:30–8:30 pm, Tuesdays, Jan. 5–March 9. Judson Middle School. \$119.

**French, Beginning** (CRN 60020) GwenEllyn, instructor. 6–8 pm, Wednesdays, Jan. 6–March 10. Salem Campus. \$119.

**French, Continuing** (CRN 50587) GwenEllyn Anderson, instructor. 7–9 pm, Wednesdays, Jan. 6–March 10. Salem Campus. \$119.

**Italian, Beginning** (CRN 54912) Textbook required. Christine Nile, instructor. 6:30–8:30 pm, Wednesdays, Jan. 13–March 17. Judson Middle School. \$119.

**Latin, Beginning** (CRN 60017) Textbook required. Michael Corcoran, instructor. 6:40–9 pm, Mondays, Jan. 4–March 15. West Salem High School. \$119.

**Russian, Beginning** (CRN 58540) Textbook required. Inga Webster, instructor. 6:30–8:30 pm, Tuesdays, Jan. 5–March 9. Judson Middle School. \$119.

**Spanish, Beginning** (CRN 54984) Term 1 of 2, Textbook required. Beatriz Harden, instructor. 6:30–8:30 pm, Thursdays, Jan. 7–March 11. Judson Middle School. \$119.

**Spanish, Beginning 2** (CRN 54911) Term 2 of 2. Textbook required. Beatriz Harden, instructor. 6:30–8:30 pm, Tuesdays, Jan. 5–March 9. Judson Middle School. \$119.

**Spanish Medical Interpreter Primer** Introduces students to the difference between being bilingual and interpreting, discusses the need for Spanish Medical Interpreters, and training requirements. DeAnna Ramirez, instructor.

9 am–4 pm, Saturday, Jan. 9. Salem Campus. (CRN 58658) \$29.

**Spanish, Medical Terminology** Improve the communication between your Spanish speaking patients in your medical or dental office by learning the basic medical terminology in Spanish! DeAnna Ramirez, instructor.

6:30–8:30 pm, Tuesdays, Jan. 12–March 16. Salem Campus. (CRN 58659) \$119.

**Russian Culture, Literature & History** Russia has an extensive history steeped in tradition, with many ethnic groups contributing their own languages, religions, and customs. Explore the diversity of Russia through film, television, music, languages, and religions, and gain an appreciation of how Russian people live, from the urban centers to rural villages. You will also find practical information about planning a trip to Russia. Inga Webster, instructor.

6:30–8:30 pm, Thursdays, Jan. 7–Feb. 11. Judson Middle School. (CRN 60328) \$79.

## Parent Education

**Family Budgeting—Stretching the Family Dollar** Want to save money? If your budget isn't budging, this class is for you! Set and reach your financial goals with techniques and strategies that you can start using now to save you money. Jody Alaniz, instructor.

9 am–3:30 pm, Saturday, Jan. 9. Salem Campus. (CRN 60024) \$49.

**Call 503.365.4773 to register for Salem Area classes**

**Establishing a Strong Stepfamily** Develop the tools needed to establish a strong stepfamily, and make a plan to address the unique needs and problems stepfamilies face. Angie Blackwell, instructor.

9 am–Noon, Saturday, Salem Campus. \$29.

Jan. 9 (CRN 60144)

Feb. 13 (CRN 60141)

March 13 (CRN 60142)

**Effective Parenting—Parenting Now!** Parenting NOW! presents parents with positive parenting strategies and techniques for newborns through kids 6 years old. You will learn to set realistic expectations, manage stress, communicate effectively with your young child, and be “in-tune” with your child. Workbook provided. Christy Bertsch, instructor.

6:30–9 pm, Wednesdays, Jan. 6–Feb. 10. Salem Campus. (CRN 57130) \$79.

**Effective Parenting—Teens** Gain the confidence and courage needed to meet the challenges of raising children in their teen years, and find ways to savor the joys and triumphs of success. This class is specifically designed to help you deal with teen-sensitive topics including communication, discipline, peer-pressure, drugs, sexuality and violence. Workbook provided. Jody Alaniz, instructor.

6:30–9 pm, Thursdays, Jan. 21–Feb. 25. Kroc Center. (CRN 54900) \$89.

**Effective Parenting—Love & Logic** Develop positive and effective approaches to communicating with children using the “Love and Logic” curriculum. Reduce control battles and help children solve their own problems. Let empathy and consequences do the teaching. Workbook provided.

Christy Bertsch, instructor. 6:30–9 pm, Tuesdays, Jan. 5–Feb. 9, Whiteaker Middle School (CRN 58448)

Jody Alaniz, instructor. 6:30–9 pm, Mondays, Feb. 1–March 15. Kroc Center (CRN 58803) \$79.

## Personal Enrichment

**Financial Series—Retirement Unlimited** Save, grow, and keep your Money! Recognize and understand the barriers that may be standing between you and a comfortable retirement. Hear how market downturns, failures in the U.S. pension systems, rising medical costs, and the effects on income and estate taxes will effect your retirement plans, and find out how to overcome these barriers. Bain Wealth Management, instructor. \$59.

Roth’s IGA West Salem.

6:30–9:10 pm, Mondays, March 1–15. Mill Creek Best Western (CRN 60243)

6:30–9:10 pm, Tuesdays, March 2–16. West Salem’s Roth’s IGA (CRN 60225)

**Awaken Your Inner Confidence** Make quantum leaps in your life; you’ll find out about 24 ways to move to a higher esteem, and heighten your leadership skills using four components to self-leadership, and solve challenges with more ease and confidence using a solution based formula. Get the tools proven to be effective for enhancing greater joy, well-being, and responding to adverse situations in a positive way. Optional textbooks available. Angelica Rose, instructor.

Noon–2 pm, Saturdays, Jan. 9–30. Center 50+. (CRN 60108) \$69.

**Relaxation Movement** Relax the mind and calm emotions through proper breathing techniques, basic yoga postures, stretching. Tune inward and shift your attention to inner peace and positive focus. Optional textbooks available. Angelica Rose, instructor.

2:30–4 pm, Saturdays, Jan. 9–30. Center 50+. (CRN 60109) \$49.

**Relaxation & Positive Focus** Enhance your positive thinking skills and experience deeper relaxation through calming the emotions, quieting the mind chatter, and improving focus and clarity. Reduce stress and improve your overall health and well-being by tuning in to your inner-self and creating a stress reduction toolbox for different situations. Optional textbooks available. Angelica Rose, instructor.

Noon–2 pm, Saturdays, Feb. 6–27. Center 50+. (CRN 60112) \$69.

**Presentation Skills** Be more effective and confident in presenting your ideas to groups of people. You will develop the specific communication tools needed to give you the ability to make impromptu presentations, overcome distractions, and keep people engaged. Optional textbooks available. Angelica Rose, instructor.

2:30–4 pm, Saturdays, Feb. 6–27. Center 50+. (CRN 60113) \$49.

**Heartfelt Communication** Improve all facets of communication including sharpening your listening skills, learning to talk “with” rather than “at” each other, power words, 14 ways to effective communication, rapport building and more. Discover how effective heartfelt communication will improve your relationships. Optional textbooks available. Angelica Rose, instructor.

10 am–Noon, Saturdays, Center 50+. \$69.

Jan. 9–30 (CRN 60107)

Feb. 6–27 (CRN 60111)

**Call 503.365.4773 to register for Salem Area classes**

**Get a Grasp on Medicare** If the mailbox of yourself, a family member, or friend is flooded with Medicare material, this is the course for you! Come “Get a Grasp on Medicare” by learning how Medicare works, what is available in terms of additional insurance, and strategies for keeping safe from Medicare fraud and abuse. Beth Jackson, instructor.

6–8 pm, Tuesday & Thursday, Jan. 19 & 21. Salem Campus. (CRN 60014) \$10.

**Creative Leadership** Gain the skills and traits needed to be an effective organizational leader; build high performance workplaces, motivate co-workers, set goals and reach them through accountability, feedback, coaching and recognition. Donn Rochlin, instructor.

6–9 pm, Wednesday, Jan. 20. Salem Campus. (CRN 60077) \$69.

**Trust Based Estate Planning** Not sure where to begin in planning your estate? Recent movies like “The Ultimate Gift” have led more people to explore trust-based estate planning. This course will shed some light on the creative, personalized, and loving ways you can plan for disability, protect your assets, provide for minor children, and pass a values-based legacy to your loved ones. Freeman Green, instructor.

9 am–Noon, Saturday, \$29.

Jan. 9, Center 50+ (CRN 60047)

Feb. 6, Salem Campus (CRN 60048)

**Theodicy: Philosophy of Religion & Theology** Take a realistic look at what happens in your life, and explore ways to cope with the “challenges” you experience. Delve into the issues that affect your life, and find a healthy and helpful way to live and thrive. Textbook required. Jon Langenwalter, instructor.

6:30–8:30 pm, Tuesdays, Jan. 5-Feb. 2. Salem Campus. (CRN 60053) \$89.

**Sharpening Your Memory** Sharpen your memory through a variety of exercises, techniques, and strategies that will help you remember the details. You’ll get practical applications to sharpen your memory based on your learning style, and practice strategies to lock your memories into place. Karen Gurnee, instructor.

6:30–8:30 pm, Monday & Wednesday, \$39.

Jan. 4 & 6, West Salem High School (CRN 60127)

Jan. 25 & 27, Center 50+ (CRN 60128)

March 1 & 3, Whiteaker Middle School (CRN 60129)

**Exploring Christianity** Explore and examine Christian beliefs, compare and contrast Christianity with other world religions, and discover how similar and different Christian denominations really are. Margot Rogers, instructor.

6:30–8:30 pm, Thursdays, Jan. 7-Feb. 4. Salem Campus. (CRN 60211) \$79.

**Fun With Children’s Theater** Help your young stars shine through theater activities and plays, and discover how the elements of involving your child in theater benefit their growth and positive development. You’ll also find strategies to actively engage your kids in valuable theater activities and help them gain skills useful throughout their lives. Marian Scadden, instructor.

9 am–Noon, Saturdays, Jan. 16-30. Salem Campus. (CRN 60102) \$79.

**Ghost Hunting 101** Experience paranormal investigation first-hand, and use the latest equipment and techniques for investigating the paranormal. You’ll also find ways of removing the doubt and fear surrounding the paranormal by gaining a deeper understanding of the theories behind paranormal investigations. Martina Baker, instructor.

9 am–2 pm, Saturday, Jan. 30. Salem Campus. (CRN 60092) \$69.

**Philosophy: Ethics** Understand the ethics of human nature, the consequences of decisions and actions, and approaches needed for growth and success. Explore and discuss ethics and gain a deeper understanding of your spiritual self. Shelley Chamberlain, instructor.

6:30–7:30 pm, Tuesdays, Jan. 5-March 9. Center 50+. (CRN 60081) \$89.

**Becoming a Community Ed Instructor** Are you interested in sharing your passion with others while making a little money? Find out how the Community Education program works and how to go about becoming a Community Education Instructor. Steve Patterson, instructor.

6:30–8 pm, Wednesday, Jan. 6. West Salem High School. (CRN 59983) No fee.

**Retirement Planning Today** Integrate your finances with your goals and values, and create a plan to retire safely or early.

Salem Campus. \$59.

Wolfgang Sailer, instructor, 6–9 pm, Wednesdays, Jan. 13–Feb. 3 (CRN 60023)

Ron Dodge, instructor, 9 am–Noon, Saturdays, Feb. 20–27 (CRN 60227)

Ron Dodge, instructor, 6–9 pm, Tuesdays, Feb. 23–March 2 (CRN 60226)

**Creative Writing Workshop: Fiction** Discover fiction writing, with strategies and techniques that make you a better writer. You’ll plot your story, develop your characters, settings, and dialogue, and delve into many aspects of storytelling. Sue Lick, instructor.

6:30–8:30 pm, Thursdays, Jan. 7–21. Salem Campus. (CRN 60149) \$59.

**Call 503.365.4773 to register for Salem Area classes**

**Creative Writing Workshop: Poetry** Whether you already write poetry or just want to try something new, join our instructor named Sue. You'll set your muse free with exercises and techniques designed to show you how to capture a feeling or a moment in time in just a few well-crafted lines. Sue Lick, instructor.

6:30–8:30 pm, Thursdays, Jan. 28–Feb. 11. Salem Campus. (CRN 60151) \$59.

**Creative Writing Workshop: Nonfiction** Find out how to make your nonfiction stories captivating and intriguing. You'll make your memoirs, essays, and humorous stories come alive. Sue Lick, instructor.

6:30–8:30 pm, Thursdays, Feb. 18–March 4. Salem Campus. (CRN 60153) \$59.

## Photography

**Photography, The Art of Seeing** Take charge of the creative process, and expand your ability to see the world as you use your camera to share your visual experiences. Through weekly photo assignments, you will find out how to use the camera as a tool, and gain helpful info on exposure and lighting. Be sure to bring your camera to class. David Falconer, instructor.

9:30 am–Noon, Saturdays, Jan. 9–30. Salem Campus. (CRN 60071) \$79

**Digital Photography, Beginning** Explore how different features and components of your digital camera will help you make great images. You'll master the basics of using the settings of your camera to achieve desired effects, and the methods of downloading and sharing images with a computer. Bring your digital camera and manual to class. Duncan Tucker, instructor.

9 am–Noon, Saturdays, Feb. 6 and 20. Jefferson Community Center. (CRN 60120) \$49.

**News Photography: Exposed** Create images that communicate and evoke ideas, emotions, or action; discover & explore photography from a newsperson's perspective through theoretical and hands-on techniques; develop your eye and nose for news and a passion for visual imagery. Gary Weber, instructor.

6–9 pm, Tuesdays, Jan. 5–Feb. 2. Salem Campus. (CRN 60242) \$109.

**News Photography: Exposed Portfolio** Put all of the tools and techniques together and start to assemble your portfolio of photographs. Look and discover ways to use photographs that evoke ideas, emotions, or action; discover & explore photography from a newsperson's perspective through theoretical and hands-on techniques; develop your eye and nose for news and a passion for visual imagery. Gary Weber, instructor.

6–9 pm, Tuesdays, Feb. 9–March 9. Salem Campus. (CRN 60238) \$109.

**Focus on Photography Series** Sharpen your photography skills as you focus on details, capture action, and reveal personality. Learn the specific techniques and tips in the classroom, then take a guided photo field trip and meet again to review and refine your photo taking abilities. Register for the series and receive a discount, or enroll for workshops individually (see below).

Series; Jan. 7–Feb. 18 (CRN 60229) \$199 Gary Weber, instructor. 6:30–9 pm, Thursdays, Salem Campus.

**Elements of Photo Composition & Design;** Jan. 7 (CRN 60231) \$39

**Pictorial & Feature Photographs;** Jan. 14 & 21 (CRN 60232) \$69

**Portraits & Personality Photos;** Jan. 28 & Feb. 4 (CRN 60233) \$69

**Sports & Action Photos;** Feb. 11 & 18 (CRN 60235) \$69

**Choosing & Using Your Digital Camera** Take the confusion out of choosing a new digital camera. You will make the right purchasing decision after this comprehensive introduction to the digital camera. You will be able to determine which digital camera is best for you, and you will know the terminology associated with digital cameras; so interacting with the sales staff will be a breeze, and you won't be sold into something you don't need. Laura Lawn, instructor.

6:30–8:30 pm, Wednesday, Jan. 6. West Salem High School. (CRN 60093) \$29.

**Digital Photography & Imaging Series** This 3 part series of workshops covers the complete spectrum of digital imaging, from learning how to use all features of your digital camera to enhancing and manipulating your images in Adobe Photoshop Elements. You may enroll in workshops individually (Beginning, Intermediate, Advanced - see below), or take a 25% discount if you enroll for the series. Laura Lawn, instructor.

8:30 am–5:30 pm, Saturdays, Jan. 9–Feb. 6. Salem Campus. (CRN 60199) \$129.

**Digital Photography & Imaging Beginning** Get started in digital photography with this introduction of basic camera operation, using the features and shooting modes of your camera, and using Adobe Photoshop Elements to perform basic photo edits, cropping, resizing, and touch-up. Then save your work for printing or for loading online. Bring your digital camera and manual if available. Basic computer skills needed. Laura Lawn, instructor.

8:30 am–5:30 pm, Saturday, Jan. 9. Salem Campus. (CRN 60200) \$59.

**Call 503.365.4773 to register for Salem Area classes**

**Digital Photography & Imaging Intermediate** Continue discovering the possibilities of digital photography; use the manual settings of your camera and practice taking different kinds of photos. Then delve deeper into Adobe Photoshop Elements; introducing selections, layers, retouching and text. Bring your digital camera and user manual. For continuing students who have taken the beginning level digital imaging class. Laura Lawn, instructor.

8:30 am–5:30 pm, Saturday, Jan. 23. Salem Campus. (CRN 60201) \$59.

**Digital Photography & Imaging Advanced** Focus on Adobe Photoshop Elements; combine your skills from the previous workshops and do advanced photo manipulation and combination. Realistically combine elements from separate photos into a single picture. Use a wide variety of powerful filters to clean up or distort images, and make your photos look like impressionistic works of art. For students who have completed the beginning and intermediate levels of digital imaging. Laura Lawn, instructor.

8:30 am–5:30 pm, Saturday, Feb. 6. Salem Campus. (CRN 60202) \$59.

**Portrait Photography** Take great portrait photos by correctly posing subjects and using light effects creatively. You'll develop and refine your skills by conducting a professional portrait session, and develop a workflow for your studio. For students who have intermediate photography skills. Laura Lawn, instructor.

9 am–4 pm, Saturdays, Feb. 13–20. Salem Campus. (CRN 60097) \$99.

**Digital Photography & Image Manipulation** Delve deeper into Adobe Photoshop Elements to manipulate your digital photos. Work with layers, text, adjustments, and special effects to create multi-layered digital creations. For continuing students who have a basic understanding of digital camera operation and digital darkroom editing. Laura Lawn, instructor.

6:30–8:30 pm, Mondays, Feb. 22–March 15. Salem Campus. (CRN 60096) \$79

**Creativity In Photography** Build upon the skills taught in the Art of Photography by expanding your creative mind and discovering new equipment and techniques. Express yourself through the camera and finished image. Field Trip date & location TBA. Laura Lawn, instructor.

6:30–8:30 pm, Wednesdays, Feb. 24–March 17. West Salem High School. (CRN 60098) \$79.

**The Art of Photography** Discover the Art of Photography. Use the manual settings of your film or digital camera to create, compose, and capture captivating images by using lighting, color, and composition. Laura Lawn, instructor.

6:30–8:30 pm, Wednesdays, Jan. 13–Feb. 17. West Salem High School. (CRN 60095) \$109.

**Digital Photography & Photoshop Elements** Use your digital camera to make great images by better understanding the features of your digital camera and basic concepts of exposure. Then develop basic digital darkroom skills as you use Adobe Photoshop Elements to download, balance exposure, cropping, and balance colors on your photos. Laura Lawn, instructor.

6:30–8:30 pm, Mondays, Jan. 4–Feb. 1. Salem Campus. (CRN 60094) \$79.

## Professional Enhancement

**Secrets to Schmoozing** Do you dread attending social gatherings or business events? Change that dread into anticipation and develop the confidence to mingle with ease in any social setting. Discover the secrets to schmoozing successfully; from introducing yourself to starting conversations with strangers, you'll work the room like a pro and use special networking skills and etiquette to make your social networking worthwhile. If your aim is to just meet people, increase your personal contacts, or expand your business contacts, this class is for you. Optional textbooks available. Angelica Rose, instructor.

6:30–8:30 pm, Tuesdays, Jan. 12–Feb. 2. Center 50+. (CRN 60110) \$69.

**Tango Marketing & Relationship Selling** Improve your overall selling skills and implement creative marketing strategies aimed at improving your bottom line. Discover how effective listening skills can be used to improve customer service and increase your sales performance. Textbook optional. Angelica Rose, instructor. 10 am–3 pm, Thursday, Center 50+. \$49.

Thursday, Feb. 11 (CRN 60114)

Saturday, March 6 (CRN 60106)

**Business Law Basics** Considering forming a business? This class will examine the pros and cons of different business enterprises including sole proprietorships, partnerships, small corporations, and laws relating to employee relationships. Kasia Quillinan, instructor.

10 am–4 pm, Saturday, Feb. 6. Salem Campus. (CRN 60207) \$49.

**Basics of Accident and Injury Law** Want to know more about the law as it relates to injuries and accidents? Take this class and delve into the legal aspects of accidental injuries, on-the-job injuries, and social security disability claims. Kasia Quillinan, instructor.

10 am–4 pm, Saturday, Jan. 9. Salem Campus. (CRN 60203) \$49.

**Call 503.365.4773 to register for Salem Area classes**

**Wills, Trusts & Estates** Don't leave your hard-earned savings in question...there is no better time to get a basic understanding of the tools needed for a sound financial future for your family, including wills, trusts, guardianships, conservatorships, and estate plans. Kasia Quillinan, instructor. 10 am–4 pm, Saturday, Salem Campus. \$49.

Jan. 23 (CRN 60206)

Feb. 20 (CRN 60209)

**Non Profit Institute** This series of workshops will provide your non-profit organization with the management and planning tools needed for success. Develop engaged volunteer board members, raise funds effectively, and give your members a purpose and a meaningful role in your organization. Take the series and save \$117, or register for workshops individually (see below). Rick Gaupo, instructor.

6–8:30 pm, Thursdays, Jan. 7–Feb. 25. Salem Campus. (CRN 60194) \$199.

**Non Profit Management Principles** Effective non-profit organizations are built upon relationships. Find out how to make your non-profit stronger through building trust in the community and engaging your members in meaningful roles. Rick Gaupo, instructor.

6–8:30 pm, Thursdays, Jan. 7 & 14. Salem Campus. (CRN 60195) \$79.

**Fund Raising for Non Profits** Raising funds for your non profit is difficult, particularly in a bad economy. This workshop will provide your non-profit the fundraising strategies that could lead to long-term sustainable funding by developing new approaches that are innovative and effective. Rick Gaupo, instructor.

6–8:30 pm, Thursdays, Jan. 21 & 28. Salem Campus. (CRN 60196) \$79.

**Successful Non Profit Boards** Non-profit board members make or break the success of the organization...here are some team enhancing activities and ideas that will unify your board members, refocus your attention to mission, and revitalize your activities. Rick Gaupo, instructor.

6–8:30 pm, Thursdays, Feb. 4 & 11. Salem Campus. (CRN 60197) \$79.

**Non Profit Paperwork** Keeping accurate records is vital to your success as a non-profit organization. This workshop will give you the organizational skills and strategies that will help keep your non-profit paperwork in order. Rick Gaupo, instructor.

6–8:30 pm, Thursdays, Feb. 18 & 25. Salem Campus. (CRN 60198) \$79.

**Writing & Selling Freelance Articles** Thinking of freelance writing? Find out how to pursue ideas, write articles, and get them published. You'll also find out how to write queries and come away with tips on handling the business side of writing. Sue Lick, instructor.

10 am–Noon, Saturdays, Jan. 9–March 13. Salem Campus. (CRN 60145) \$119.

## Small Business Development Center

Need information about running a small business? The SBDC offers training in areas of business management, business and succession plans, franchises, marketing and a host of other issues. The workshops are designed to sharpen your management skills. For more information visit [www.BizCenter.org](http://www.BizCenter.org).

**Information and Registration**  
503.399.5088

**Job Search Success** Be noticed by potential employers and target your job seeking efforts to reach your career goals. You will see what goes into a resume that will be noticed and find out how to avoid common mistakes. Veronica Murray, instructor.

Noon–2 pm, Saturdays, Jan. 30–Feb. 13. Salem Campus. (CRN 59950) \$59.

## Recreation

**Bicycle Maintenance** Get ready to get your hands dirty! Gain the skills you need to maintain your bicycle for safety and find out what needs attention once or twice a year. Repair a flat tire, align the chain, and conduct a complete inspection of your bicycle for adjustments and safety. Bring your bike! Jon Wolf, instructor.

7–10 pm, Thursday, Bike Peddler. \$35.

March 11 (CRN 60070)

March 18 (CRN 60088)

**Outdoor Excursions—Cross Country Skiing** Cross country ski along groomed tracks near Mt. Hood. With the help of knowledgeable guides and instructors, you will enjoy a fun and safe skiing trip, rain or shine. Cross country ski rental is approx \$12 (not included in student fees). A stop will be made enroute, so you can rent skiing equipment if needed. Ken Barker, instructor.

8 am–5:30 pm, Saturdays, Jan. 16 & 23. TBA. (CRN 60019) \$149.

**Outdoor Excursions—Snowshoeing Lesson & Tour** Snowshoe near Mt. Hood and take advantage of the best conditions with our guides/instructors. You'll be snowshoeing through Oregon's winter paradise in no time, as our guides and instructors will be with you at all times to ensure safety and satisfaction. Trips are usually between 2–6 miles, and less than 750 foot elevation gain/loss. Fees include transportation, snowshoes, and guide. Ken Barker, instructor.

8 am–5:30 pm, Saturday & Sunday, Feb. 14 & 20. TBA. (CRN 60018) \$169.

**Call 503.365.4773 to register for Salem Area classes**

**Archery, Beginning** This hands-on archery class emphasizes safety, how to select, use and maintain archery equipment. Shooting fundamentals will be covered in detail and archery equipment will be provided. Ken Warner, instructor.

7–9 pm, Wednesdays, Jan. 6–Feb. 3. Brooks Public Safety Facility. (CRN 60044) \$89.

**Archery, Advanced** For continuing students who have basic archery skills, this class will review the fundamentals and introduce more archery skills. Bring your equipment. Ken Warner, instructor.

7–9 pm, Wednesdays, Feb. 10–March 10. Brooks Public Safety Facility. (CRN 60045) \$89.

**Map and Compass** Discover the benefits of map reading and orienteering. This class will teach you everything you ever wanted to know about topographic maps, road maps, and computer and online mapping services. Practice your map reading and orienteering skills on the college grounds. Bring a compass if you have one. Paul Guthrie, instructor.

6–10 pm, Thursday, Jan. 14. Salem Campus. (CRN 59961) \$39.

**Intro to Pocket Billiards** Rack 'em up! Explore the theory behind the game of billiards, develop a game strategy and sharpen your playing skills. This class covers how to properly read a table and form a strategy and make accurate shots through proper body alignment and stroke techniques. Students may choose to take final ability assessment and receive an international billiards score. Robin Dreyer, instructor.

Saturday, Jan. 9. Cue Ball. \$49.

10 am–Noon (CRN 60021)

1–3 pm (CRN 60022)

## Welding

**Welding** Learn the fundamentals of welding, all level students welcome. For tool and personal gear list and registration information, call 503.399.8690. Terry Calderwood, instructor.

9 am–Noon, Saturdays, Jan. 9–March 13. Salem Campus. \$170.

**Basic ARC Welding** (CRN 52355)

**Advanced ARC Welding** (CRN 52356)

**Basic OXY/Acety Welding** (CRN 52359)

**Basic MIG Welding** (CRN 52360)

**Basic TIG Welding** (CRN 52361)

Call 503.365.4773 to register for Salem Area classes

# Lifelong Learning Institute

*Learning designed for the peak time of your life!*

High quality workshops held in a stunning setting at the Northwest Viticulture Center in West Salem. Enjoy learning from experts who have a passion for their topic. All fees include any necessary transportation from the Viticulture Center to additional workshop locations, a light breakfast, lunch, and special evening wine and hors d'oeuvres.

**Making the Digital Connection** with Sage Freeman, digital media expert. Explore the world of social media and electronic communications. This workshop is designed to introduce you to the different areas of social networking, bookmarking, blogging, photo and video sharing and the many resources available on the Internet. Part of the day will be spent working with digital photos, slideshows and more. Friday, January 29, 9 am to 5 pm. **\$120.**

**Inside the World of Coffee** with Matt Milletto, a leading coffee expert at one of the country's premier coffee schools, the American Barista and Coffee School in Portland. There is a complicated story that leads to a good cup or a bad cup of coffee. Spend the day seeing, tasting, brewing and experiencing the unique qualities and intricacies of coffee with lots of hands-on lessons. Bus transportation will be provided from the Viticulture Center. Friday, February 12, 8:30 am to 6 pm. **\$120.**

**The People We Meet** with essayist Ann Staley. Join us in a day of writing about the people you have met "along the way" and possibly those you might hope to meet in heaven, on Bus #3, at a high school reunion, or even tomorrow evening. We'll be reading, remembering, writing and sharing during this workshop. Friday, March 5, 9 am to 5 pm. **\$120.**

**Information and Registration** 503.399.5181

# Driver's Education Classes

If you need an ODOT approved driver education course, we've got one! Our Driver Education instructors are committed to preparing adult and young drivers to be safe operators in today's complex driving environment. The course covers classroom and behind-the-wheel instruction. Students must have a valid Oregon Instruction Permit or Driver License and a Chemeketa enrollment form.

## Chemeketa Salem Campus

4000 Lancaster Dr. NE

5:30–7:30 pm, Tuesdays and Thursdays, Jan. 12 – March 11

## Chemeketa Health Education Center, McMinnville

306 NE Norton Lane, McMinnville

5:30–7:30 pm, Mondays and Wednesdays, Jan. 11 – March 10

## Santiam Center

11656 Sublimity Rd. SE

5:30–7:30 pm, Mondays and Wednesdays, Jan. 11 – March 10

**\$260** fee for students with an Instruction Permit under 18.

**\$360** fee for adult students with a permit or license.

Seating is limited; pre-registration required!



Information and Registration 503.584.7541

# Team Oregon Motorcycle classes

Chemeketa Community College • Salem and McMinnville Campuses

Team Oregon offers motorcycle classes to people of all ages and abilities. The courses are street-oriented and research-based taught by experienced, certified motorcycle instructors and enthusiasts. Basic Rider Training is mandatory for riders under 21.

## Class includes

- Lecture and testing
- Riding competencies
- Life-saving accident prevention
- DMV waivers
- Information on insurance discounts

**Basic Rider Training \$179**

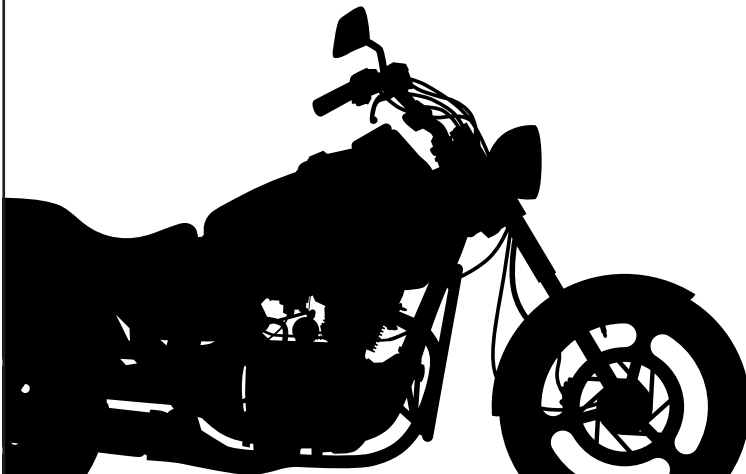
**Intermediate Rider Training \$129**

**Rider Skills Practice \$89**

## Register for 2010 classes

Registration will **ONLY** be available **ONLINE** at [team-oregon.org](http://team-oregon.org).

Check website for registration dates and availability. If you need assistance or information, call 1.800.545.9944



# DALLAS CENTER AND AREA

Information • 503.623.5567

## Computers

**Beginning Computers 1** XCS0741Y Learn more about word processing, editing, printing, details about organizing files and folders, and advanced formatting. Jason Campbell, instructor.

Noon–2 pm, Monday, Wednesday, Jan. 4, 6, 11, 13, 20, 25. Chemeketa Dallas Center. (CRN 56533) \$56.

**Beginning Computers 2** XCS0741Z Learn more about word processing, editing, printing, details about organizing files and folders, and advanced formatting. Jason Campbell, instructor.

Noon–2 pm, Monday, Wednesday, Feb. 1, 3, 8, 10, 15, 17. Chemeketa Dallas Center. (CRN 57217) \$56.

**Beginning Computers: Internet/email** XCS0742B Introduces students to the internet, email and software that brings it all together. Jason Campbell, instructor.

Noon–2 pm, Monday, Wednesday, Feb. 22, 24, Mar. 1, 3, 8, 10. Chemeketa Dallas Center. (CRN 57220) \$56.

**Computer Workshop: Facebook** XCS0001E Learn what FACEBOOK is, how it works, how to sign up, and some etiquette and safety tips for social networking online. Jason Campbell, instructor.

9 am–noon, Friday, Feb. 5. (CRN 60375) \$10.

## Exercise

**Tai Chi** XPE0582M This ancient exercise connects the mind and body through movement. Learn a series of slow movements which aid in stress reduction, revitalization, meditation and concentration. Nancy Arner-Hulett, instructor.

9–10:30 am, Friday, Jan. 8–Mar. 12. Monmouth Senior Center - 180 Warren St. South, Monmouth, Oregon. (CRN 60240) \$45.

## Language-learners skill building opportunities

**English Now!** Non-native English students will learn and practice conversational English related to activities in their everyday lives. staff, instructor.

6:30–8:20 pm, Tuesday and Thursday, Jan. 12–March 4. Colonia Amistad. \$35.

**Spanish GED** Prepare for completion of your GED exam in math, reading, and writing. Hortencia Borrero, instructor.

6:30–9 pm, Monday and Wednesday, Jan. 11–March 17. Talmadge Middle School. \$45.

## Photography

**Successful Photos: Artistic and Technical Skills**

XART006F Helps beginning photographers take successful photographs through the artistic and technical skills of basic photography. Course will cover the manual settings and equipment techniques of a film and digital camera, the importance of lighting, use of color, and composition, as well as self-critique techniques. Students are also encouraged to enroll in Introduction to Editing Digital Photos also. Laura Lawn, instructor.

9 am–noon, Tuesday, Jan. 5, 12, 19, 26. DAC. (CRN 60282) \$69.

**Introduction to Editing Digital Photos: Artistic and Technical Skills** XART0008Y

Introduces the basics of editing digital photographs including downloading, basic color correction and exposure balance, cropping, etc. using Adobe Photoshop Elements. Includes computer lab editing practice. Students are encouraged to enroll in Successful Photos: Artistic and Technical Skills. Laura Lawn, instructor.

9 am–noon, Tuesday, Feb. 2, 9, 16, 23. DAC. (CRN 60283) \$69.

## Volunteer literacy tutoring training

**Literacy Volunteer Program** Help others succeed by volunteering your skills. The Polk County Literacy Program is seeking volunteers to tutor adults in basic literacy skills--reading, writing, conversational English. Training and materials are provided. To volunteer or for more information, call Linda Kaufmann, Volunteer Tutor Coordinator, at 503.316.3282.

Call 503.623.5567 for information about Dallas Campus classes

# MCMINNVILLE CAMPUS AND AREA

Information and Registration • 503.584.7541

## Art

### **Beaded Jewelry Basics for Fun-Even Count Peyote**

XART0005V Peyote stitch is the basic element in many stitched jewelry projects. Use bigger beads and this project practically makes itself! We will begin to stitch a bracelet and learn how to embellish it and finish it off with a clasp. A supply list will be available so that students can pick their own color combinations. \$30 additional cost for beads payable to instructor Sandy Mannella, instructor.

6–9 pm, Monday, Feb. 1. MHE. (CRN 60422) \$10.

### **Beaded Jewelry Basics for Fun-Chainmaille Earrings**

XART0005V A quick and easy intro to chainmaille. We will make a “4 in 1 vertebrae chain” link for the length of the earring and add a sassy dangle to the bottom for instant fun. These earrings are about 2 inches long, but we can shorten or lengthen to customize them. \$35 additional cost for kit payable to instructor Sandy Mannella, instructor.

6–8 pm, Monday, Feb. 8. MHE. (CRN 60425) \$10.

### **Beaded Jewelry Basics for Fun-Crazy Coil Cabochon Pendant**

XART0005V We'll start with a found object—a beach stone or beach glass—and turn it into a fabulous one-of-a-kind pendant. We'll use copper wire and a few well-placed beads to capture the stone and dress it up. Bring your own stone, or pick one out in class. \$35 additional cost for kit payable to instructor Sandy Mannella, instructor.

6–9 pm, Monday, Feb. 15. MHE. (CRN 60427) \$10.

### **Fundamentals of Drawing-2D Drawing**

XART0009U In this introduction to the basics of black and white drawing, students will become acquainted with the different tools and techniques of drawing. Students will understand and implement the technical elements, design and complete drawings and objectively analyze and evaluate the qualities that make a drawing unique and successful. Call 503.584.7543 for supply list Curt Chiarelli, instructor.

3:30–6:30 pm, Saturday, Jan. 23–Feb. 20. MHE. (CRN 60415) \$50.

**Watercolor Basics** XART0004A Find your painting passion while learning the unique techniques of painting with watercolors. Explore color, value, and design as you work on projects. Beginning and Intermediate painters welcome. Sepha Nisbet, instructor.

7–9 pm, Monday, Jan. 11–March 8. MHE. (CRN 55244) \$60.

## First Aid

**First Aid and CPR** XES9400A Provides essentials of first aid and CPR procedures. Students will receive First Aid and CPR card. Rebecca Dooley, instructor.

9 am–4 pm, Saturday, March 13. MHE. (CRN 59797) \$65.

## Languages

**Spanish, Beg, Term 2** XSPN0552H Continues Spanish, Beginning 1. Concentrates on further development of basic conversation, vocabulary, grammar, reading and writing skills, and using present and past verb tenses with an emphasis on correct pronunciation. Includes continued introduction to Latino cultures. Carol Hutchinson, instructor.

6–8:30 pm, Tuesday, Jan. 26–March 2. MHE. (CRN 60416) \$65.

**Mandarin Chinese, Beg** Introduces Chinese pronunciation and character writing, basic conversation, and related cultural concepts. Includes topics such as greetings, introduction, family, telephone calls, and daily activities. Jane Lim, instructor.

7:30–9:30 pm, Tuesday, Jan. 12–March 16. MCC. (CRN 60545) \$90.

**Mandarin Chinese, Int** Continues building vocabulary and grammatical structure of the Chinese language along with speaking, listening, and comprehension skills. Class activities include communication practice, cultural discussion, and using Chinese to interview guests. Includes information about the Chinese culture and other cultures where the population speaks Chinese. Jane Lim, instructor.

7:30–9:30 pm, Monday, Jan 11–Mar 15. MCC. (CRN 60546) \$90.

## Parent Education

**Effective Parenting - Love & Logic** XHDF0661E Develop positive and effective approaches to communicating with children using the “Love and Logic” curriculum. Reduce control battles and help children solve their own problems. Let empathy and consequences do the teaching. Workbook provided. Donna Scott, instructor.

6–8 pm, Monday, Jan 11–Mar 8. MHE. (CRN 59090) \$79.

## Photography

**The Art of Photography** XART0006F Discover the Art of Photography. Use the manual settings of your film or digital camera to create, compose, and capture captivating images by using lighting, color, and composition Laura Lawn, instructor.

9 am–4 pm, Saturday, Mar 16 & 30. MCC. (CRN 60417) \$109.

### **Digital Photography and Photoshop Elements**

XART0005Z Make great images by better understanding the features of your digital camera and basic concepts of exposure. Learn Adobe Photoshop Elements to download, balance exposure, cropping and balance colors on your photos. Laura Lawn, instructor.

9 am–1 pm, Saturday, Feb. 27 & March 6. MCC. (CRN 60420) \$79.

**Call 503.584.7541 to register for McMinnville Campus and Area classes**

# WOODBURN CAMPUS AND AREA

Information and Registration • 503.981.8820

## Art

**Art History and Application** Call 503.982.8820 to register. While studying the great works of art from Greece and Rome right up to contemporary, you will create pieces of art in the style of the masters. This class is fun and full of history with insights into the lives and times of the artists. Ages 14 and up. Staff, instructor.

3–5pm, Sundays, Feb. 7–Feb. 28. SAA Park House, Silverton. \$129.

**Bob Ross Oil Painting Class** Call 503.982.8820 to register. Learn to paint Happy Trees and Dancing Clouds with instructor Melodee Johnston. 18X24 Canvas all supplies included Staff, instructor.

12–4 pm, Saturday, Feb. 13. WAC. \$89.

**Bob Ross Oil Painting Class** Call 503.982.8820 to register. Work with instructor Melodee Johnsen as she guides you step by step through the completion of a beautiful landscape painting using the Ross Wet-on-Wet technique. . All supplies included. Johnsen Melodee, instructor.

12–4 pm, Saturday, Jan. 16. WAC. \$89.

**Bob Ross Oil Painting Class** Call 503.982.8820 to register. Learn to paint Happy Trees and Dancing Clouds with instructor Melodee Johnston. 18X24 Canvas all supplies included Staff, instructor.

12–4 pm, Saturday, March 20. WAC. \$89.

**Color Theory** Call 503.982.8820 to register. Don't let the word 'theory' intimidate you. An understanding of the basics of color theory and the color wheel will give you a whole new view of color. In this class learners will play, explore and experiment with color. Learn to set a mood, attract attention, or make a statement, energize, or cool down. Select the right color scheme and create an ambience of elegance, warmth or tranquility, or convey an image of playful youthfulness. Learn the basics of color theory while creating your own masterpiece. Staff, instructor.

6–8 pm, Mondays, Jan. 4 – March 18. SAA Park House, Silverton. \$139.

**Introduction to Portrait Painting** Call 503.982.8820 to register. Learn basic facial structure in this one time drawing/painting class. The basic human face will be done with paper and pencil then with acrylic paint on paper. All supplies included. (Bring a Sack lunch) Matthiesen Paula, instructor.

11–3 pm, Saturday, Feb. 27. WAC. \$69.

**Paint with Paula (painting in a day)** Call 503.982.8820 to register. Paint along with instructor Paula Matthiesen as you create a stunning Elephant Walk African Elephant 18X24 canvas, All supplies included. Matthiesen Paula, instructor.

10–4 pm, Saturday, Feb. 6. WAC. \$109.

**Paint with Paula (painting in a day)** Call 503.982.8820 to register. Paint along with instructor Paula Matthiesen as you create a stunning Scenes from the Southwest 18X24 canvas . All supplies included. Matthiesen Paula, instructor.

12–4 pm, Saturday, Jan. 9. WAC. \$89.

**Watercolor With Dora (Beginning level)** Call 503.982.8820 to register. Create a new painting each class working along with instructor. Learn different watercolor techniques including color wash. Call 503.982.6450 for supply list. WAC. \$129.

Gourley Dora, instructor, Wednesdays, 1–4 pm, Jan. 13–Jan. 27

Gourley Dora, instructor, Wednesdays, 1–4 pm, Feb. 3–17

Gourley Dora, instructor, Wednesdays, 1–4 pm, Feb. 24–March 10

## Crafts and Hobbies

**Acrylic Painting for Beginners** Call 503.982.8820 to register. Four sessions. This class for those wanting to learn to use the water-based acrylic paint. Color mixing, light and shadows, still life and landscape. All supplies included. Staff, instructor.

1–3:30 pm, Saturday, Feb. 6–Feb. 26. WAC. \$99.

**Fun With Acrylics** Call 503.982.8820 to register. Using landscape and simple still-life this class will help explore mixing colors, discern shapes in nature, and work with negative space. Freedom of expression is encouraged. Bring a 16 x 20 canvas to first class. Ages 14 and up. Staff, instructor.

9:30–12 pm, Tuesdays, Feb. 2–Feb. 23. SAA Park House, Silverton. \$129.

**Altered Book Class** Call 503.982.8820 to register. Altered books have been defined as any book, old or new that has been recycled by creative means into a work of art. An altered book is an old manuscript that has been embellished, decorated, painted, torn, or altered in any way to turn it into an art object. No rules and one's own imagination is the only limiting factor. Staff, instructor.

9:30 am–12:30 pm, Saturday, Jan. 9–Jan. 30. SAA Park House, Silverton. \$129.

**Call 503.981.8820 to register for Woodburn Campus and Area classes**

**Basic Knitting** Call 503.982.8820 to register. People of all ages—more than 50 million—know how to knit, crochet and create with yarn because its fun, relaxing and you can make great things. Whatever your reasons for wanting to learn, this three (3) session beginner class is for you. Staff, instructor.

6–8 pm, Jan. 11–Jan. 25. SAA Park House, Silverton. \$119.

**Kids Art** Call 503.982.8820 to register. All Basic Art Skills are taught in this All Art Media class taught by well known teacher and artist, Richard Fenwich. Students create original art forms fro landscape to abstracts and develop skills in drawing, sketching, and color values. Ages 7 – 12.

SAA Park House, Silverton. \$149.

Mondays 4–6, Thursdays 1–3 pm or

Thursdays 4–6 pm Staff, instructor. Jan. 4 – March 18.

**Rubber Stamping** Call 503.982.8820 to register. Learn the art of rubber stamping. In this class you will make both birthday cards and holiday cards. All supplies included. Staff, instructor,

WAC. \$59.

Thursday, 9–12 pm, Jan. 28 Staff, instructor,

Thursday, 9–12 pm, Feb. 11 Staff, instructor,

Thursday, 9–12 pm, March 11 Staff, instructor,

Thursday, 9– 12pm, Jan. 14 Staff, instructor.

**Scrapbooking** Call 503.982.8820 to register. This is a 4 week course which will really get you started. Beginning with the basics of scrapbooking and covering a range of techniques we wil make many pages with different themes to get you going. come have lots of fun, decorate your memories and meet new friends.Call for times and dates. Art Sharon, instructor.

10:30 am–1:30 pm, Saturdays, Jan. 23–Feb. 13.

Community Room–Woodburn Library. \$49.

**Textile Fibre Arts –Felt making** Call 503.982.8820 to register. Felt is one of the oldest ways of making fabric, thought to have been around for about 8000 years. During this three session workshop you will create felt from raw roving into a finished art piece, either functional as in a bag or decorative as a wall hanging. No previous experience needed. Staff, instructor.

9:30 am–12:30 pm, Saturday, Feb. 6–Feb. 20. SAA Park House, Silverton. \$129.

## Automotive Technology

**Auto Body Repair/Hojalateria y Pintura** Call

503.982.8820 to register. Aprende reparaciones basicas, seguridad en el taller, grua y operacion de equipo, enderezado de metal, rellenado, soldadura, moldura, y pintura. Learn repair basics, shop safety, toll and equipment operation, minor metal straightening, filing, welding, brazing, heat shrink, and painting. Taught in bilingual teaching (English/Spanish). Mendez Fernando, instructor.

6:30–8 pm, Monday and Wednesday, Jan. 4–March 17.

MAACO Auto Painting & Bodywork. \$144.

**General Auto Repair** Call 503.982.8820 to register.

Instruction in general auto repair: service and repair of brakes, under car service, electrical basics, and safety.

Taught in Spanish/Instrucción en español. Anguiano Juan, instructor.

7–9 pm, Tuesday and Thursday, Jan. 5–March 18. Active Automotive Services. \$144.

## Computer Skills

**Computer Basics** Call 503.982.8820 to register. This class introduces to basic computer terminology and use. Geared to students that are not technology friendly and need special instruction. Don't be afraid of technology! Sign up NOW! Hennies Ruthie, instructor.

9–11 a.m Friday, Jan. 15–Feb. 5. Woodburn Campus. \$35.

**Computer Basics** Call 503.982.8820 to register. This class introduces to basic computer terminology and use. Geared to students that are not technology friendly and need special instruction. Don't be afraid of technology! Sign up NOW! No class on November 27, Happy Holidays! Hennies Ruthie, instructor.

10–11 am, Friday, Feb. 19–March 12. Woodburn Campus. \$35.

**e-mail and Internet** Call 503.982.8820 to register. Esta clase enseña el uso del internet, como crear un correo electronico, como usarlo, como bajar, fotos, archivos etc. Aprenderas todo lo necesario para usar el internet con gran facilidad. ¡Ven y diviértete aprendiendo!. Spanish instruction Ramirez Juan, instructor.

6:30 –8:30 pm Friday, Jan. 22–March 12. Woodburn Campus. \$49.

**Call 503.981.8820 to register for Woodburn Campus and Area classes**

## CPR and First Aid

**Standard First Aid-Primeros Auxilios** Call 503.982.8820 to register. Estudiantes inscritos en esta clase seran certificados en Primeros Auxilios por la American Heart Association. Ramirez Erika, instructor.

9:30 am–12 pm, Saturday, Jan. 23. Woodburn Campus. \$35.

**CPR -Resucitacion Cardio Respiratoria** Call 503.982.8820 to register. Estudiantes inscritos en esta clase seran certificados en CPR nivel C por la American Heart Association. Ramirez Erika, instructor.

9:30 am–12 pm, Saturday, Jan. 30. Woodburn Campus. \$35.

**Standard First Aid** Call 503.982.8820 to register. Students enrolled in this course will be eligible to be First aid Certified by the American Red Cross. Ramirez Erika, instructor.

9–11:50 am, Saturday, Feb. 6. Woodburn Campus. \$35.

**CPR Level C** Call 503.982.8820 to register. Students enrolled in this course will be eligible to be CPR Level C Certified by the American Heart Association. Classes taught in English and/or Spanish Ramirez Erika, instructor.

9–11:50 am, Saturday, Feb. 13. Woodburn Campus. \$35.

## Dance

**Swing Dancing** Call 503.982.8820 to register Come and have lot of fun, meet new friends and dance the night away with this exiting class. Learn basic skills, learn new fun steps, Lead and follow as a partner. Do not miss this great oportunity to stay active during the winter months. Linda saver, instructor. 6:30 –8:30 pm, Wednesdays, Jan. 13-March 17. WAC. \$59.

## Senior Learning in Retirement Program

Chemeketa's Woodburn Campus

Join this active group of life long learners who study a wide variety of topics:

- **Communes** 9–11 am, Tuesdays
- **History of the Reformation** 9–11 am, Thursdays

\$35 annual fee

Beverlee Koutny, Program Coordinator

**Information and Registration**  
503.316.3258

**Salsa Dance** Call 503.982.8820 to register. Come explore the essentials of Salsa through this popular dance course. Geared for those with little or no formal Salsa dance instruction. Woodburn Campus. \$40.

**Beginning**, Villegas Elias instructor, Fridays, 6:30–8:30 pm, Jan. 15–Feb. 12,

**Beginning**, Ortega Rodolfo instructor, Saturdays, 6:30–8 pm, Jan. 16–Feb. 13

Expand and refine your essentials of Salsa dancing skills through this popular dance course. Perfect for those with little or some Salsa dance knowledge.

**Intermediate**, Villegas Elias instructor, Fridays, 6:30–8:30 pm, Feb. 19–March 19,

**Intermediate**, Ortega Rodolfo instructor, Saturdays, 6:30–8:30 pm, Feb. 20–March 20.

**Salsa Dance, Beginning—For Kids** Call 503.982.8820 to register. Come have fun learning the basics of Salsa dance through this popular and exiting course. Geared for kids 5-12 years old with little or no formal Salsa dance instruction. Villegas Elias , instructor.

5–6 pm, Firday, Jan. 15–Feb. 12. Woodburn Campus. \$30.

## Education

**CBEST Test preparation** Call 503.982.8820 to register Provides educators' preparation for the CBEST test in basic reading, writing, and mathematics skills in the English language.

Woodburn Campus. \$199.

### Group A

**Reading** Saturday, 9- 1p.m., January 23

**Writing** Saturday, 2- 6.m., January 23

**Math** Saturday, 9- 5p.m., January 30

### Group B

**Reading** Saturday, 9- 1p.m., March 13

**Writing** Saturday, 2- 6.m., March 13

**Math** Saturday, 9- 5p.m., March 20

**ESOL-ORELA Test Preparation** Call 503.982.8820 to register Upon completion of this training, participants will have a better grasp of the concepts, skills and knowledge they need to successfully pass their ESOL ORELA exam in order to get their ESOL endorsement.

Woodburn Campus. \$199.

### Group A

Saturday, 9- 3p.m., January 9

Saturday, 9- 3p.m., January 16

### Group B

Saturday, 9- 3p.m., February 27

Saturday, 9- 3p.m., March 6.

**Call 503.981.8820 to register for Woodburn Campus and Area classes**

## Fitness and Health

**Hatha Yoga, Beginning** Call 503.982.8820 to register. This class introduces the beginning concepts, movements and discipline taught within Hatha Yoga, based in India. The ancient art and science of yoga that promotes physical strength, mental poise and spiritual integration, breathing, meditation techniques, and basic asanas (stretching postures). Bilingual instruction. Carlos Kelly, instructor.

6:30–8:30 pm, Wednesday, Jan. 13–March 17. Woodburn Campus. \$65.

**Indoor Soccer** Call 503.982.8820 to register. Learn the fundamentals of beginning Indoor Soccer. Rules, regulations and how to enjoy the game. Come with a friend, work out and have a great time. English and Spanish instruction Staff, instructor.

6:30–7 pm, Tuesday, Jan. 12–March 16. Shootout Team Center. \$79.

**General Fitness at [dieselfitness.net/fall.htm](http://dieselfitness.net/fall.htm)** Call 503.982.8820 to register. Self-Defense, kick boxing, Yoga, Group Power, Zumba, Free weights, Aerobics and much more! In order to expand the offerings for you we have partnered with Woodburn's Diesel Fitness. Sign up and pay one low fee. You can go to class for three whole months. See the growing list of class options at <http://www.dieselfitness.net/winter.htm>. For more information call 509.981.8820 or to register stop by the registration window at Chemeketa's Woodburn campus. 120 E Lincoln Street, Woodburn. Diesel Fitness, instructor. \$69.

## Languages

**Spanish Conversation** Call 503.982.8820 to register. Practice your Spanish, order your favorite foods, begin the process of adding bilingual to your resume, or enjoy conversations with native speakers. Spanish instruction. Ramirez Erika, instructor.

6–8 pm, Fridays, Jan. 13–March 17. Woodburn Campus. \$79.

**Survival Spanish Beg 1** Call 503.982.8820 to register. Where is the bathroom? How much is ? Learn it in Spanish and begin a fabulous time learning and speaking Spanish to be able to deal with everyday situations at home, work or while traveling. Come have lots of fun. ¡Te esperamos! Ramirez Erika, instructor. 6–8 pm, Tuesday & Thursday, Jan. 12–Feb. 4. Woodburn Campus. \$79.

**Survival Spanish Beg 2** Call 503.982.8820 to register. Continue the fun, more Spanish for you to learn use while you travel, work or meet new friends. Come have lots of fun. ¡Te esperamos!. Ramirez Erika, instructor. 6–8 pm, Tuesday & Thursday, Feb. 9–March 4. Woodburn Campus. \$79.

## Photography

**Intro to Digital Photography** Call 503.982.8820 to register. This class is your first step in getting to know your camera and go over the essential of digital photography: image resolution, picture formats, Zoom, Flash settings, menu options and all of your camera's most important settings. Bring your digital camera and let's get to work. Windows knowledge and is strongly recommended. Juan Ramirez, instructor.

5–6:30 pm, Fridays, Jan. 22–Feb. 19. Woodburn Campus. \$99.

**Edit Your Digital Pictures** Call 503.982.8820 to register. Learn the easy art of editing your own pictures. Let's work on image resolution, picture formats, layers, color changes, cropping etc. Bring your digital pics and let's edit away. Windows knowledge and is strongly recommended. Ramirez Juan, instructor.

5–6:30 pm, Fridays, Feb. 26–March 19. Woodburn Campus. \$69.

**Preparacion de Impuestos (Tax Preparation)** Call 503.982.8820 to register. Aprende lo necesario para que puedas hacer y llenar los formatos (1040, 1040A, 1040EZ and associated state tax returns). Haz tus taxes tu solo de aqui en adelante. ¡Animate te esperamos! Trae tus W-2s. Clase en Español. Raul Valdivia, instructor.

6:30–8:30 pm, Monday and Tuesday, Feb. 1 & Feb. 2. Woodburn Campus. \$69.

## Professional Development

**Path to Scholarships** Call 503.982.8820 to register. Students will learn to organize the materials necessary to apply for scholarships. Covers requirements for college admissions and resources for successful postsecondary education. Call for times and dates. Legaspi Noemi, instructor. Woodburn Campus. \$49.

## Recreation

**Fly Tying** Call 503.982.8820 to register. Learn the art and skill of fly tying. Ever tried to tie a fly? No, not that kind of fly tying. We're talking about a fish fly tying class. Drop by and drop in to this free fly tying workshop. Rhett Randall is our volunteer instructor. Materials list available at SAA office. Staff, instructor.

1–3 pm, Sunday, March 14–March 28. SAA Park House, Silverton. Free.

## Welding

**Basic MIG Welding (Spanish Instruction)** Call 503.982.8820 to register. This class focuses on basic principles involved in making fillet welds on mild steel using standard industrial procedures, equipment, and the welding (SMAW) process. Parra Figueroa Alejandro, instructor.

6:30–9 pm, Monday and Wednesday, Jan. 4–March 17. Woodburn High School. \$177.

**Call 503.981.8820 to register for Woodburn Campus and Area classes**

# *English Now!*

## Improve English Language Skills

### Take an *English Now!* class

Do you know people who want to improve their English conversation skills?

**English Now!** classes teach basic social survival English conversation and listening skills in a friendly and fun atmosphere, with separate classes for very beginning to intermediate students.

No homework. No tests. No grades—just plenty of listening and speaking practice with others learning English.

English Now! classes can be found at separate locations and include:

- English Conversation
- Pre-GED Preparation
- Pre-CNA Preparation
- Citizenship Preparation
- Computers Basic
- Computers Intermediate
- Spanish Now!

Classes are available in the mornings and evenings at selected locations

Check with the location nearest you for the schedule

**Cost:** \$35 for eight weeks of instruction

**Textbooks:** Provided for in-class use.

**Class locations:** Dallas, Independence, McMinnville, Salem, Santiam, and Woodburn

**Call the Chemeketa location closest to you for class dates, information and registration.**

### Information and Registration

**Dallas/Independence 503.316.3282 • McMinnville 503.316.3288**  
**Salem 971.240.2155 • Woodburn 503.981.8820**

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## Quisiera mejorar su conocimiento del Inglés?

**Las clases de *English Now!*** enseñan el inglés práctico que se usa en la vida diaria. Aprenda inglés, a su propio ritmo, sin tareas exámenes ni calificaciones, escuchando y conversando con sus compañeros.

**Costo:** \$35 por cada 32 horas de instrucción.

**Libros:** Se provee el material para uso de la clase.

**Lugar:** Dallas, Independence, McMinnville, Salem, y Woodburn

### Informes e inscripciones

Llamar a Marietta al telefono **971.240.2155**

# CLASS LOCATION GUIDE

## **Dallas Center**

1340 SE Holman Ave Dallas OR 97338 503.623.5567

**Monmouth Sr. Center** 180 Warren St S Monmouth

**Morrison School** 111 Ash St Dallas

**Talmadge Middle School** 510 16th St Independence

**La Colonia Amistad** 30 S Gun Club Rd Independence

## **McMinnville Campus**

500 N Hill Rd McMinnville OR 97128 503.584.7541

## **McMinnville Health Care Center**

306 NE Norton Lane McMinnville

**Santiam Center** 11656 Sublimity Rd Sublimity OR  
97385 503.769.7738

**Cascade Community Family Center** 574 N 11th St  
Aumsville

**Jefferson Community Center** 107 Main Street Jefferson

## **Woodburn Campus**

120 E Lincoln St Woodburn OR 97071 503.981.8820

## **Active Automotive Services**

3555 Blossom Dr NE Salem

## **MAACO Auto Painting & Body Work**

2815 Silverton Rd NE Salem

**OGA Golf Course** 2850 Hazelnut Dr Woodburn

**Silverton Arts Association** 303 Coolidge St Silverton

**Shootout Team Center** 2814 Industrial Ave Hubbard

## **Woodburn Bowling Alley**

435 N Pacific Hwy Woodburn

**Woodburn High School** 1785 N Front St Woodburn

## **Woodburn Library Community Rm**

280 Garfield Street Woodburn

## **Salem Campus**

4000 Lancaster Dr NE Salem OR 97309  
503.365.4773

**Best Western Mill Creek Inn** 3125 Ryan Dr. SE, Salem

**Bike Peddler** 174 Commercial St NE Salem

## **Brooks Regional Training Center**

4910 Brooklake Rd NE Brooks

**Center 50+ (Salem Senior Center)** 2615 Portland Rd  
NE Salem

**Crossler Middle School** 1151 Davis Road S Salem

**Cue Ball** 1262 State St Salem

## **First Congregational Church of Christ**

700 Marion St Salem

**Grant Elementary School** 725 Market St NE Salem

**Hammond Elementary** 4900 Bayne St. NE, Salem

**Houck Middle School** 1155 Connecticut Ave SE Salem

**Indigo Wellness Center** 3276 Commercial St SE Salem

**Judson Middle School** 4512 Jones Rd SE Salem

**Keizer Art Association** 980 Chemawa Rd N Keizer

**Leslie Middle School** 3850 Pringle Road SE Salem

**Roth's IGA West Salem** 1130 Wallace Rd NW Salem

**South Salem High School** 1910 Church St SE Salem

**Weddle Elementary School** 1825 Alder Dr NE Salem

**West Salem High School** 1776 Titan Dr NW Salem

## **Whiteaker Middle School**

1605 Lockhaven Dr NE Keizer

# REGISTRATION INFORMATION

**Center for Business & Industry** 503.399.5181

**Dallas Center and Area** 503.623.5567

**Driver Education (ODOT Approved)** 503.399.5215

**English NOW** See ad page 28

**McMinnville Campus** 503.584.7541

**Motorcycle Classes (Team Oregon)** 503.589.7879

**Salem Campus and Area** 503.365.4773

**Salem Center for Business & Industry** 503.399.5088

**Small Business Development Center** 503.399.5088

**Woodburn Campus** 503.981.8820

**Woodburn, Senior Living in Retirement** 503.316.3258

## Mail in your registration

Simply fill out the registration form on the inside back cover and return along with check or money order payment to the appropriate address on the bottom of the form. Mail-in registrations are due 10 business days before the class start date.

## Register online

See page 30 for online registration instructions.

# FREQUENTLY ASKED QUESTIONS

## When should I register?

NOW! (As soon as you can). Many classes fill quickly, and others may be canceled due to low enrollment. Help ensure that class you want to take has enough students by registering at least 10 days ahead of the start date.

## What happens if my Community Education class is canceled?

All fees are automatically refunded if a class is canceled due to low enrollment, or if the class fills before we receive your registration. Classes are canceled if there is insufficient enrollment. Avoid the disappointment of having your class cancel by registering early and inviting a friend or two to register with you.

## What if I'm not satisfied with my class?

Call us and tell us your concerns; your thoughtful and constructive input helps us deliver high quality educational services to the community! See page 28 for a list of class locations and contact information.

## Where are classes held?

Classes are held throughout the Chemeketa Community College District. See page 27 for a list of class locations and contact information.

## Can I register my child in a Community Education class?

Yes, if he/she is 15 years or older. Call 503.365.4773 to have a Youth Enrollment Permission Form mailed to you.

## Are there accommodations for people with disabilities?

Yes. Your participation is our goal. Please call 503.399.5192 to discuss your situation.

## Will classes be held if the weather is bad?

Contact the Community Education Information Line for updates on weather related cancelations. See page 27 for a list of class locations and contact information.

## What if I want a refund?

When you register for a class, you agree to pay the fee whether or not you attend. If you decide to "drop" a class, you must do so within the designated refund period (usually before the class meets a 2nd time). If the college cancels a class, a refund will automatically be generated.

## May I speak with someone if I still have questions?

Yes! Call 503.399.6562 during office hours, or leave a message and we'll get back to you as soon as possible to answer your questions.

## Where can I buy a textbook?

Textbooks can be purchased online at <http://bookstore.chemeketa.edu/home.aspx>

Orders are usually shipped within 24 hours.

### Chemeketa Bookstore hours

Monday, Sept. 28–Thursday, Oct. 1 7:30 am–9 pm

Friday, Oct. 2 7:30 am–5 pm

Saturday, Sept. 26 & Oct. 3 9 am–1 pm

Remainder of the term

Mon.–Thurs. 7:30 am–5 pm

## Is a Parking Permit Required?

Parking Permits are required for vehicles using Chemeketa Salem Campus Parking Lots, from 8am to 10pm, Monday through Friday. You can purchase an annual parking permit valid from Fall Term through Summer Term for \$25, or individual term permits can be purchased for \$10. Permits are available for sale at the Public Safety Office, located in Building 2.

# ONLINE REGISTRATION INSTRUCTIONS

## New students start with Step 1. Continuing students start with Step 2.

An active Username and Password are needed to register online. If you are a **NEW** Student, the first step is to apply for admission. Chemeketa will send a Username and Password to you via e-mail or regular mail.

# 1

## Apply for Admission Online

Go to <http://applyonline.chemeketa.edu>  
(please note there is no www in the address)

After submitting your application, you will receive a welcome e-mail or letter that includes your My Chemeketa user name, password and your student ID number (K#).

## Register for classes

# 2

Log-on to <http://my.chemeketa.edu> (please note there is no www in the address)

Enter your Username and Password in the **Secure Access Login** box.

Find **My Chemeketa Shortcuts** on the left side of the screen, and select **Add/Drop Courses** from the drop-down box.

Select the **Term** and click **Submit**

Type in the five-digit CRN that corresponds to each class you wish to take, and click **Submit Changes**

# 3

## Arrange for payment

All class fees are due with 10 days of registration. **Payment must be made within 10 days of registration or a \$25 late fee will be charged to your account.**

**Questions? Call 503.399.5120**

**Call 503.365.4773 to register for Salem Area classes**



4000 Lancaster Dr. NE  
PO Box 14007  
Salem, OR 97309

PRSRT STD  
US POSTAGE  
PAID  
SALEM OR  
PERMIT NO. 174



## Take a Community Education class

We are offering more than 50 new classes. Complete details inside...

# Learn a LANGUAGE DANCE with our stars Express your CREATIVITY

Look for new classes in these categories

- |                  |                       |                          |
|------------------|-----------------------|--------------------------|
| Art              | Fitness & Health      | Photography              |
| Computer Skills  | Foods & Culinary Arts | Professional Enhancement |
| Crafts & Hobbies | Language & Culture    | Recreation               |
| Dance            | Personal Enrichment   |                          |

### Enter to Win a FREE Community Education Class

We want to find out what you value most about the Community Education Program... by completing a short online survey, you'll be entered in a drawing to win a voucher to enroll in the Winter Term Salem Area Community Education Class of your choice for Free. Three winners will be selected randomly from all survey respondents on Friday, November 20, 2009. To take the survey and enter, send an email to [CEInfo@chemeketa.edu](mailto:CEInfo@chemeketa.edu) and link to the survey will be sent to your email address.

