

Human Services Programs

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The Human Services programs offer training for entry-level positions in human service agencies. The degree programs combine academic coursework with 25 credits of supervised field work at two different sites, each of which is at least two terms long. Students select one of two degrees: Addiction Studies or Social Services.

Post baccalaureate students are eligible to complete the Addiction Counselor Certification Preparation (ACCP) program and earn a one-year certificate. The program has special admissions requirements and enrollment limits, and there is a deadline for applications. It is recommended that you contact Wanda Urban, 503.399.6154 for assessment. Students recovering from chemical dependency must have a minimum of two years continuous sobriety in an unrestricted environment in order to be referred to practicum. Criminal history limitations apply to students in this program as well.

The Human and Social Services Traditional Health Worker (THW) certificate program is designed to meet the advanced education and training needs of individuals interested in employment in traditional health care, roles which have been identified by the Oregon Legislature as critical for bridging the gap for those citizens needing individualized assistance in accessing and using community resources, managing metabolic disease, and navigating the healthcare system.

An award of participation may be earned by taking only HS171, Traditional Health Worker, and HE251, Community Health. Contact Yolanda T. Martinez, 503.399.6236, for additional information about the THW certificate program and the Award of Participation.

By enrolling in PLP121, Introduction to Prior Learning Portfolio, students may be able to earn credits for prior learning acquired through jobs, non-credit classes, community or volunteer service, or individual study.

Program outcomes

Students completing the AAS degrees and the ACCP certificate should be able to:

- Describe the nature of human systems: individual, group, organization, community, and society, and their major interactions
- Describe the conditions that promote or limit optimal functioning in the major human systems
- Identify and select interventions that promote client growth and goal attainment
- Plan, implement, and evaluate interventions
- Select interventions that are congruent with the values of one's self, clients, the employing organization, and the human services profession
- Use process skills to plan and implement services
- Adapt assessment skills and Interventions to a variety of settings
- Comprehend and recognize the worth and uniqueness of the Individual, including race, culture, ethnicity, gender, religion, learning style, abilities, sexual orientation, age, social class, and other expressions of diversity

In addition to the outcomes above, students completing the Addiction Studies degree and the Addiction Counselor Certification Preparation certificate should be able to:

- Describe, identify, assess, and treat substance use disorders



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Students completing the Human and Social Services Traditional Health Worker certificate will develop core competencies in the following areas:

- Outreach and Mobilization: Outreach methods; community engagement and outreach and relationship building; communication skills, including cross-cultural communication, active listening, and group and family dynamics; empowerment techniques; knowledge of community resources
- Community and Cultural Liaising: Cultural knowledge/awareness in bridging clinical and community cultures; conflict identification and problem solving; social determinants of health; conducting individual needs assessments; advocacy skills; building partnerships with local agencies and groups
- Case Management, Care Coordination, and System Navigation: Roles and expectations for working in multidisciplinary teams; ethical responsibilities in multicultural contexts; legal responsibilities; paths to recovery; data collection and types of data; organization skills and documentation; crisis identification and intervention; professional conduct; navigating public and private case management, care coordination and system navigation, and health promotion and coaching
- Health Promotion and Coaching: Introduction to disease processes including chronic illnesses, mental health, and substance use disorders; trauma-informed care; health across the life span; adult learning principles/teaching and coaching; stages of change; health promotion best practices; self-care; health literacy issues

Getting started

The first step to entering the following programs is to take part in an assessment process, which includes taking the college’s free placement test and meeting with Advising and Counseling Services staff. You may need to complete program entry requirements. A counselor will help you develop an individualized program of study, which may include one or more of the following:

HS152	Stress Management.....	1
MTH020	Basic Mathematics.....	4
RD090	College Textbook Reading.....	3
WR121	The College Essay	4

If you have questions about the requirements, contact 503.399.5114, or the Human Services program chair Yolanda T. Martinez at 503.399.6236 or e-mail yolanda.martinez@chemeketa.edu.

Addiction Studies AAS

Addiction Counselor Certification Preparation Certificate of Completion

This one-year certificate program is designed for individuals with a baccalaureate or master’s degree seeking the necessary coursework and practical experience to enable them to compete for employment in the field of substance use disorder treatment. This certificate prepares students to take the Oregon Level I Certified Alcohol and Drug Counselors (CADC) exam.

In addition to tuition, estimated costs for students who complete the entire program listed below are books, \$1,937; class fees, \$115; universal fee, \$714; CADC candidate registry, \$50; equipment and supplies, \$231; measles vaccine: cost varies per provider. Contact the Financial Aid Office at 503.399.5018 to find out if you qualify for help with these costs.

You may earn a certificate of completion by successfully completing the required 51 credit hours with a grade of “C” or better in all Human Services courses and a minimum of 15 credits of practicum. This program is four terms in length, beginning with spring term. Students interested in this program must attend the winter term orientation or meet personally with Wanda Urban, 503.399.6154, advisor to the program, prior to beginning coursework.

Check the course descriptions in the back of this catalog for details.

Course	Title	Credit Hours
Term 1		
HS101	Addiction Pharmacology and Physiology	4
HS155	Wellness Coaching, Interviewing, and Advocacy..	3
HS213	Multicultural Practice.....	3
Term 2		
HS103	Ethics for Human Service and Traditional Health Workers.....	2
HS211	HIV, TB, and Infectious Diseases: Risk Assessment, Harm Reduction, and Counseling	1
HS214	Advanced Interviewing and Counseling Skills.....	3
HS219	Client Records, Case Management, and Care Coordination	3
Term 3		
HS156	Counseling Theories	3
HS216	Clinical Screening, Assessment and Treatment Planning	3
HS218A	Group Processes A.....	1
HS284A-		
HS288A	Practicum: Human Services-Addiction Studies .	4-8
Term 4		
HS217	Group Counseling Skills.....	3
HS218B	Group Processes B	1
HS284A-		
HS288A	Practicum: Human Services-Addiction Studies .	4-8
Term 5		
HS201	Addiction and the Family System.....	3
HS209	Co-occurring Disorders	2
HS218C	Group Processes C.....	1
HS284A-		
HS288A	Practicum: Human Services-Addiction Studies .	4-8

Addiction Studies Associate of Applied Science Degree

The Addiction Studies degree prepares students to work in public and private agencies treating chemically-dependent people and their families. Training sites include both residential and outpatient programs.

The Addiction Studies programs are recognized by the National Association of Alcohol and Drug Abuse Counselors as an educational provider. Most courses may be used for

continuing education requirements for many certified and licensed professionals. The curriculum includes courses in alcohol and drug information, family dynamics, case management, and individual and group counseling skills.

In addition to tuition, estimated costs for students who complete the entire program listed below are books, \$3,510; class fees, \$255; universal fee, \$1,512; CADC candidate registry, \$50; equipment and supplies, \$278; measles vaccine: cost varies per provider. Contact the Financial Aid Office at 503.399.5018 to find out if you qualify for help with these costs.

An associate of applied science degree is awarded upon successful completion of the required 108 credit hours with a grade of "C" or better in WR227 and all Human Services courses. Twenty-five credits of practicum are required, at least 15 of which must be in a substance use disorder studies placement; 10 credits can be satisfied at a social services placement.

Course	Title	Credit Hours
Term 1		
CIS101	Introduction to Microcomputer Applications (or higher).....	3
HS101	Addiction Pharmacology and Physiology	4
HS150	Personal Effectiveness for Human Service and Traditional Health Workers.....	3
HS170	Introduction to Practicum.....	3
WR227	Technical Writing+ (or higher)	4
Term 2		
HS103	Ethics for Human Service and Traditional Health Workers.....	2
HS155	Wellness Coaching, Interviewing, and Advocacy..	3
HS156	Counseling Theories	3
HS211	HIV, TB, and Infectious Diseases: Risk Assessment, Harm Reduction, and Counseling	1
HS260	Group Dynamics.....	3
PSY201	Introduction to Psychology: Mind and Body+	4
Term 3		
COMM111	Fundamentals of Public Speaking	4
	or	
COMM112	Persuasive Speaking.....	4
	or	
COMM130	Business and Professional Speaking.....	4
HS214	Advanced Interviewing and Counseling Skills.....	3
HS219	Client Records, Case Management, and Care Coordination	3
HS284A	Practicum: Human Services-Addiction Studies	4
PSY239	Abnormal Psychology	4
Term 4		
HS213	Multicultural Practice.....	3
HS216	Clinical Screening, Assessment, and Treatment Planning	3
HS218A	Group Processes A.....	1
HS287A	Practicum: Human Services-Addiction Studies	7
SOC204	The Sociological Perspective	4

Term 5		
HS158	Trauma Informed Theory, Practice, and Crisis Management.....	3
HS217	Group Counseling Skills	3
HS218B	Group Processes B	1
HS287A	Practicum: Human Services-Addiction Studies	7
MTH060	Introductory Algebra+ (or higher)	4

Term 6		
HS201	Addiction and the Family System.....	3
HS209	Co-occurring Disorders	2
HS218C	Group Processes C	1
HS287A	Practicum: Human Services-Addiction Studies	7
PSY237	Life Span Development.....	4
SOC206	Social Problems.....	4

+Meets related instruction requirement, see page 50. For subject areas, see page 56.

Human and Social Services Traditional Health Worker Certificate of Completion

The Human and Social Services Traditional Health Worker certificate program prepares graduates to work in three emerging roles in the health care field. Community health workers, peer wellness/support specialists, and health system navigators have all been identified as critical positions for bridging the gap for those who need individualized assistance to use community resources, manage metabolic disease, and navigate the healthcare system. All students in the program will take a common core of courses, and then branch off into one of two career tracks: Health Services Navigator/Community Health Worker or Peer Wellness/Support Specialist.

Additionally, students may earn an award of participation for completing two courses: HS171 and HE251. At this level, students will be qualified for entry-level positions in the Traditional health worker field.

In addition to tuition, estimated costs for students who complete the entire program listed below are books, \$1,293; class fees, \$39; universal fee, \$504; equipment and supplies, \$176; measles vaccine: cost varies per provider. Contact the Financial Aid Office at 503.399.5018 to find out if you qualify for help with these costs.

You may earn a certificate of completion by successfully completing the required 36 credit hours (11 credits of the Traditional Health Worker core requirements plus an additional 25 credits in one of the two areas of specialization listed below).

Traditional Health Worker core requirements:

Term 1	Title	Credit Hours
HS150	Personal Effectiveness for Human Service and Traditional Health Workers.....	3
HS154	Community Resources and Advocacy.....	3
HS171	Traditional Health Workers.....	5

Plus: Choose one area of specialization

Health Services Navigator/Community Health Worker Specialization

Term 2	
HE251	Community Health 3
HS103	Ethics for Human Service and Traditional Health Workers..... 2
HS213	Multicultural Practice..... 3
HS266	Case Management, Care Coordination, and Systems Navigation..... 3
Term 3	
HE213	Women’s Health Issues..... 3 or
HS223	Aging: Theory and Practice..... 3 or
HS260	Group Dynamics..... 3
HS155	Wellness Coaching, Interviewing, and Advocacy.. 3
HS158	Trauma Informed Theory, Practice, and Crisis Management..... 3
HS285T	Practicum: Human Services-Traditional Health Workers..... 5

Peer Wellness/Support Specialist Specialization

Term 2	
HE251	Community Health 3
HS101	Addiction Pharmacology and Physiology 4
HS103	Ethics for Human Service and Traditional Health Workers..... 2
HS213	Multicultural Practice..... 3
Term 3	
HS155	Wellness Coaching, Interviewing, and Advocacy.. 3
HS158	Trauma Informed Theory, Practice, and Crisis Management..... 3
HS219	Client Records, Case Management, and Care Coordination..... 3
HS284T	Practicum: Human Services-Traditional Health Workers..... 4

Social Services Associate of Applied Science Degree

The Social Services AAS degree program trains students for employment in social service agencies. These agencies provide services in areas such as crisis counseling, employment, housing, mental health, corrections, and advocacy.

The curriculum includes courses in personal growth, interviewing, counseling, assessment, and case management.

In addition to tuition, estimated costs for students who complete the entire program listed below are books, \$3,910; class fees, \$165; universal fee, \$1,428; equipment and supplies, \$286; measles vaccine: cost varies per provider. Contact the Financial Aid Office at 503.399.5018 to find out if you qualify for help with these costs.

An associate of applied science degree is awarded upon successful completion of the required 102 credit hours with a grade of “C” or better in WR227 and all Human Service courses. Twenty-five credits of practicum are required.

Course	Title	Credit Hours
Term 1		
CIS101	Introduction to Microcomputer Applications (or higher).....	3
HS150	Personal Effectiveness for Human Service and Traditional Health Workers.....	3
HS154	Community Resources and Advocacy.....	3
HS170	Introduction to Practicum.....	3
PSY201	Introduction to Psychology: Mind and Body+	4
Term 2		
HS103	Ethics for Human Service and Traditional Health Workers.....	2
HS155	Wellness Coaching, Interviewing, and Advocacy..	3
HS156	Counseling Theories	3
WR227	Technical Writing+ (or higher)	4
	Social Services elective*	3
Term 3		
HS101	Addiction Pharmacology and Physiology	4
HS211	HIV, TB, and Infectious Diseases: Risk Assessment, Harm Reduction, and Counseling	1
HS260	Group Dynamics.....	3
HS284S-		
HS288S	Practicum: Human Services-Social Services	4-8
PSY237	Life Span Development.....	4
Term 4		
HS213	Multicultural Practice.....	3
HS265	Casework Interviewing	3
HS284S-		
HS288S	Practicum: Human Services-Social Services	4-8
MTH060	Introductory Algebra+ (or higher)	4
Term 5		
HS158	Trauma Informed Theory, Practice, and Crisis Management.....	3
HS266	Case Management, Care Coordination, and Systems Navigation.....	3
HS284S-		
HS288S	Practicum: Human Services-Social Services	4-8
PSY239	Abnormal Psychology	4
SOC204	The Sociological Perspective	4
	Social Services elective*	1
Term 6		
COMM111	Fundamentals of Public Speaking	4
	or	
COMM112	Persuasive Speaking.....	4
	or	
COMM130	Business and Professional Speaking.....	4
HS223	Aging: Theory and Practice.....	3
HS284S-		
HS288S	Practicum: Human Services-Social Services	4-8
SOC206	Social Problems.....	4
	Arts and Letters elective**	3
	or	
	Science/Applied Science elective***	3

+Meets related instruction requirement, see page 50. For subject areas, see page 56.

*Social Services electives: Any course with an HS, ATH, CJ, CLA, EC, ECE, GEG, HDFS, HST, PS, PSY (numbered 200 or higher), SOC, WS, or PLP prefix.

**Arts and Letters electives: Any course with an ART, ASL, COMM, ENG, FA, FR, HUM, JNL, JPN, MUS, PHL, REL, RUS, SPN, or WR prefix.

***Applied Science electives: Any course with an BI, CH, GEO, or GS prefix.