

**Chemekata College participant information for Snowshoe 2 day class :**

Learn to snowshoe in our winter wonderland at Mt. Hood and Santiam Pass on two different days.

Cost includes guide, snowshoe and transportation from pickup.

If any questions call our guide-Ken Barker at 503-524-9192, also answered on day of trip.

Sun., Jan. 22, 2012 for Mt. Hood: Meet/departure at 8:00 am Tualatin Park & Ride; return by 5:30 PM;

Sun., Jan. 29, 2012 for Santiam Pass: Meet/departure at 8:55 am Salem Shopko; return by 5:30 pm

1/22/12 Pickup (15 passenger van) **Tualatin/Durham, Lake Oswego, OR, I-5 Park & Ride** exit # 290 off I-5, at SW Lower Boones Ferry Rd., meet van SW side of I-5 & L. Boones Ferry Rd. where buses enter P & R.

1/29/12 Pickup **ShopKo** (15 passenger van) NW parking lot: **I-5** exit # 253 (Hwy 22-east), Exit #2 off Hwy 22. Left on Lancaster, Right at Chevron gas station.

**Clothing and Supplies needed for Snowshoe Trips (Avoid cotton clothes, use synthetics/wools/silk).**

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|---|---|---|---|
| <input type="checkbox"/> Socks (thick & thin)                           | <input type="checkbox"/> Gloves (liner&thick) | <input type="checkbox"/> Knit/pile hat                        | <input type="checkbox"/> Warm jacket (pile)   |
| <input type="checkbox"/> Rain jacket/shell                              | <input type="checkbox"/> Rain pants           | <input type="checkbox"/> Rain hat                             | <input type="checkbox"/> Personal medications |
| <input type="checkbox"/> Sack lunch, snacks                             | <input type="checkbox"/> 1 quart water        | <input type="checkbox"/> \$\$ for snacks                      | <input type="checkbox"/> Hiking boots         |
| <input type="checkbox"/> Daypack/fanny pack                             | <input type="checkbox"/> Sunscreen lotion     | <input type="checkbox"/> Lip protection                       | <input type="checkbox"/> Sunglasses           |
| <input type="checkbox"/> Foam pad or garbage bag to sit on snow         |   | <input type="checkbox"/> Long underwear (top & bottom)        |   |
| <input type="checkbox"/> Gaiters, chemical hand/foot warmers (optional) |   | <input type="checkbox"/> Spare clothes, shoes to leave in van |   |