

RECREATION

Outdoor Excursions - Cross Country Skiing

Cross country ski along groomed tracks through a winter wonderland. With the help of knowledgeable guides and instructors, you will enjoy a fun and safe skiing trip. Transportation from Portland and guided instruction is included in the cost. Cross country ski rental is approx \$12.00 per day (not included in student fees). A stop will be made enroute, so you can rent skiing equipment if needed. Call, email or visit our website at www.chemeketa.edu/classforfun for an equipment list and directions.

Ken Barker, Instructor. 8 am-5:30 pm, Saturdays, Jan. 14 & 21.

(CRN 60019) \$179 Register by Jan. 9 or register online and save \$10

Outdoor Excursions - Snowshoeing Lesson & Tour

Learn to snowshoe on Mt. Hood's crystalline paradise, and take advantage of the best conditions with our guides/instructors. If you can walk, you can snowshoe...You'll be snowshoeing through Oregon's winter paradise in no time, as our guides and instructors will be with you at all times to ensure safety and satisfaction. Trips are usually between 2-6 miles, and less than 750 foot elevation gain/loss. Fees include transportation, snowshoes, and guide. Call, email or visit our website at www.chemeketa.edu/classforfun for an equipment list and directions.

Ken Barker, Instructor. 8 am-5:30 pm, Sundays, Jan. 22 & 29.

(CRN 60018) \$179 Register by Jan. 16 or register online and save \$10