Online Career Research Tools

1. **Oregon Career Information System**: [http://oregoncis.uoregon.edu](http://oregoncis.uoregon.edu)
   a. **Username**: life  **Password**: plan
   b. **Create a Profile** – This allows you to save your information
   c. **Learn about yourself**: [Exploration button](#) Take the Career Assessments
      i. Skills assessment, interest profile, work importance locator
   d. **Learn about an Occupation**: Click **Occupations button** at the top of the page
      i. Use the sub-buttons to compare careers and search occupations
      ii. Find out about job duties, employment outlook, salary, educational requirements, etc.


   - **OPTION 1**: To See “What’s Hot and What’s not”, Career Trends in Oregon & Explore Careers
     i. Go to the **Training and Education** Tab at the top of the page
     ii. **Click Occupational Prioritizations for Training (OP4T)**
        1. The chart defaults to the top 20 growth occupations
           a. Use the sorting features on the left to narrow your search by geographic region and education level
           b. Click on an occupation to see detailed information on, duties, wages, skills, growth rates, related occupations etc.

   - **OPTION 2**: **Already Have a Career In Mind?**
     iii. Click **Jobs & Careers Tab** at the top of the page
         1. **Select Occupation & Wage Information**
     iv. Enter a Job Title in the Search bar in the top left
     v. Use the drop down menu to select a matching occupational category
     vi. Click on an occupation to see detailed information on, duties, wages, skills, growth rates, related occupations etc.
     vii. Use the sorting features on the left hand side to build a custom report

   a. The OOH offers three great ways to search about careers:
      i. Type a Career in the **Search Bar**
      ii. Click on one of the **Occupational Groups** down the left side of the page
      iii. By **Characteristics** such as wages, education, training needs, etc.