Overview

1. Purpose
2. COVID-19 Facts
3. Guidelines/Restrictions
   a. Student Access
   b. Space Configuration
   c. Cleaning/Disinfection
4. Training
5. Controls/PPE
Purpose

Provide the most current COVID-19 Health & Safety Training

**Awareness** of COVID-19 Facts

**Discuss** Safety Considerations

**Show** Protocols

**Discuss** Resupply Process

Summary - Provide tools & information to ensure your success and safety.
Continuing Fall Term 2021

Classes & Instruction will be offered:
- Face to Face (F2F)
- Hybrid
- Online
- Remote [Remote Learning Hub]

Services will be provided:
- [See what's open now]

Expectations:
Ensure a healthy & safe learning & working environment
Chemekeeta will continue to follow our current preventive measures:
- To align our protocols with relevant health authorities
- To follow recommendations from the CDC & OHA
Fall Term Operations Scenario

Expectations for on-campus activity:

- As of 08/13, Governor Brown has reinstated the mandatory wear of face masks/coverings in **ALL** public indoor settings.
- Chemeketa strongly recommends getting vaccinated if you are able to do so.
- Perform a daily wellness check before coming to campus:
  - If ill, stay at home
  - If unsure about your symptoms, check out the CDC COVID Self Checker & follow the recommended guidance. [CDC Coronavirus Self-Checker](https://www.cdc.gov/coronavirus/2019-ncov/novel-coronavirus-symptoms.html)
  - Immediately notify your supervisor if you suspect that you are ill with, have tested for, are confirmed with COVID-19, or if you have been exposed to someone confirmed or suspected to have COVID-19. **DO NOT COME TO CAMPUS.**

COMPLETE this form: [Chemeketa COVID-19 Illness/Exposure Questions](https://www.chemeketa.edu/covid-19/)
Ongoing Preventive Safety & Health Measures

- Custodial Crews on three shifts are cleaning several times a day:
  - High traffic areas
  - High touch surfaces &
  - Restrooms

- Facilities/HVAC:
  - Systems are in accordance with OR-OSHA regulations
  - Are optimizing the amount of outside air circulation

- Mask Wearing
  - As of 08/13, masks are required indoors; masks are available if you do not have one

- COVID Response Team
  - Will continue to closely monitor changes to recommendations from health authorities
COVID-19 is a disease caused by SARS-CoV-2 virus that can trigger a respiratory tract infection. It can affect your upper respiratory tract (sinuses, nose, & throat) or lower respiratory tract (windpipe and lungs).
Viruses constantly change through mutation, and new variants of a virus are expected to occur. Sometimes new variants emerge and disappear.

**The Delta Variant**
- Almost as infectious as chicken pox
- Twice as contagious as previous variants
- Might cause more severe illness in unvaccinated people
- Fully vaccinated people can spread the virus to others, but appear to spread the virus for a shorter time

[Image of Delta Variant]
COVID-19 Variants - What you should know


The best way to slow the emergence of new variants is to reduce the spread of infection by taking measures to protect yourself including getting a COVID-19 vaccine when available.

- Vaccines can keep you from getting sick, being hospitalized, or dying from COVID-19.
- All COVID-19 tests can detect all variants, but they will not identify which variant.
- To maximize protection from the [Delta variant](https://www.cdc.gov/coronavirus/2019-ncov/your-health/delta-variant.html) and prevent possibly spreading it to others, wear a mask indoors in public if you are in an [area of substantial or high transmission](https://www.cdc.gov/coronavirus/2019-ncov/index.html) and get Vaccinated! **NOTE:** Mask face covering wear is mandatory indoors in public spaces and outdoors if physical distancing cannot be maintained.
How COVID-19 and it’s Variants Spread

Primarily from person-to-person

- **Between** people in close contact with one another (within about 6-feet)
- Breathing in air when close to an infected person who is exhaling small droplets and particles that contain the virus.
- Having these small droplets and particles that contain virus land on the eyes, nose, or mouth, especially through splashes and sprays like a cough or sneeze.
- Touching eyes, nose, or mouth with hands that have the virus on them.
- **Studies show** COVID-19 can be spread by those who do not show symptoms.

COVID-19 vaccines are safe, effective, and free! After you’ve been fully vaccinated, you can participate in many of the activities that you did prior to the pandemic. **Key Things to Know**

More info about vaccines

[OSU PACE: Vaccine Safety Info](#)

Available vaccine clinics:

- [How to find a COVID-19 Vaccine](#)
- [Cómo encontrar una vacuna contra el COVID-19 en Oregon](#)
- [Get Vaccinated Oregon: Welcome Page](#)
- [Vaccines.gov - Find COVID-19 vaccine locations near you](#)
Sick? Stay home!

Remember hand hygiene

Practice respiratory etiquette

Wear face covering

Maintain 6-ft spacing

Clean & disinfect frequently touched surfaces

Symptoms of COVID-19

Fever or chills
Cough
Shortness of breath, difficulty breathing
Fatigue
Muscle or body aches
Headache
New loss of taste or smell
Sore throat
Congestion or runny nose
Nausea or vomiting
Diarrhea
Students and employees conduct a self-check for COVID-19 symptoms prior to start of activities; if symptoms are not attributable to another condition the person is excluded from that day’s activity and encouraged to seek medical advice

To conduct a self check: [CDC Symptom Self-Checker](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptom-checker.html)

If student/staff becomes sick during course of class/activity, they will be dismissed and encouraged to seek medical care or return to their home

Students who test positive for COVID-19 or presumed to have COVID-19 will disclose this to their instructor and email [COVID19@Chemeketa.edu](mailto:COVID19@Chemeketa.edu), or contact the Executive Dean of Students Services or Student Accessibility Services

Employees are encouraged to seek medical care and expected to stay home
Employees who test positive for COVID-19 or have symptoms will inform their supervisor and email [COVID19@Chemeketa.edu](mailto:COVID19@Chemeketa.edu), and contact the Associate Vice President of Human Resources

Chemeketa recognizes the confidentiality of a student’s or employee’s medical condition and will protect that information as such unless otherwise provided by law
Transmission Risk/Ability to Transmit

**Asymptomatic:**
Infected but no symptoms

**Pre-Symptomatic:**
Infected not yet developed symptoms, but develop symptoms later

**Viral Shedding:**
Occurs when the virus is released from asymptomatic or pre-symptomatic infected person shedding viral particles while, talking, exhaling, eating, and other normal activities

**Note:** Infectious period can begin 48 hours prior to symptoms onset
Chemeketa COVID Illness and Exposure Reporting Process

If you become aware of a student or employee that has been exposed to COVID-19, has COVID-19 symptoms, or has tested positive for COVID-19; this is the reporting process for instructors and supervisors:

**Student:**
Determine if the student has physically been on one of Chemeketa’s sites for any reason at all within the last 14 days. Note: Physical access on campus may have been for a F2F lab or testing, or simply to pick up a lab kit, or drop off a textbook, etc.

- If online only with absolutely no physical contact on one of Chemeketa sites, there is no need to report and no further action is required.
- If the student has been on site please submit the Chemeketa COVID-19 Illness/Exposure Reporting Form.

**Employee:**
Please use this form to report all employee COVID-19 issues (including exposure to, symptoms of, advice to quarantine, or positive test). Determine if the employee has physically been on one of Chemeketa’s sites for any reason at all within the last 14 days in order to submit the most accurate report.

- Employees may be eligible for the Families First Coronavirus Response Act leave.

Completion of this form will expedite and facilitate Chemeketa's COVID-19 assessment, notification and contact tracing efforts.
Long Term Effects of COVID-19

Potential Post-Recovery Effects

- Lung Damage
- Heart Damage
- Kidney Damage
- Neurological Effects
- Psychological Trauma
- Chronic Fatigue

Assumption: COVID-19 cares not about your age, gender, race or economic status

YOU control your risk to the virus; mask up
CHEMEKETA EMPLOYEE COVID ILLNESS AND EXPOSURE PROCEDURES

Your health and wellbeing are important to your fellow employees, our students, and our customers. To ensure everyone’s safety during the COVID-19 pandemic, we will abide by the following procedures for COVID illness and exposures.

1. Determine if any of these following situations apply to you:
   - Developed COVID-19 Symptoms [Symptoms of Coronavirus](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html) This link also contains the CDC Coronavirus Self-Checker.
   - Tested Positive for COVID-19
   - Have tested for COVID-19 and are awaiting results
   - Directed to self-isolate by a medical professional or local public health official
   - Directed to quarantine by a medical professional or public health official
   - Had close contact with someone diagnosed or presumed to have COVID-19

2. If you checked any of the situations above; immediately do the following:
   - Notify your supervisor;
   - Email our COVID-19 Human Resources Team ([covid19@chemeketa.edu](mailto:covid19@chemeketa.edu));
   - Complete the Form: Chemeketa COVID-19 Illness/Exposure Questions.
WHAT TO EXPECT:

Employee Responsibilities:
- Conduct a daily health check; if sick do not come to work; notify your supervisor.
- If you are ill and being tested for, or may be presumed to have, or may have been exposed to COVID-19 immediately inform your supervisor and COVID-19 Human Resources Team.
- If working remotely and you become ill with, test for or are exposed to COVID-19, immediately inform your supervisor and COVID-19 Human Resources Team.

Supervisor:
- Help the employee complete COVID-19 Illness/Exposure Questionnaire.
- Immediately contact COVID-19 Human Resources Team.
- Relay isolation and quarantine information.
- Keep in contact with employee.

COVID-19 Human Resources Team:
- Assess, evaluate and provide recommendations to COVID situations.
- Coordinate necessary notification of exposed and affected employees.
- Provide sick, medical and family leave guidance and support.
- Determine isolation, quarantine and return-to-work timelines.
- Relay isolation, quarantine and potential exposure information to employees and supervisor.
Medical Removal

- If an individual develops symptoms while at a campus or center, that individual should leave as soon as possible and seek medical attention; contact Public Safety for assistance.
- If they can’t leave immediately, they can do one of the following:
  - Move outdoors, if possible
  - Move to an indoor, unoccupied room
- If required, isolation rooms will be selected by Public Safety who will escort individual to room.
- Any used isolation room will be cleaned and disinfected according to custodian COVID protocols.
Cleaning & Disinfection Supplies

Disinfectant Wipes
(equipment used by multiple employees)

Disinfectant Spray (Waxie-730 hydrogen peroxide)
- High-touch surfaces (door knob, light switch)
- Keyboards/mouses (mist spray)
- Work surfaces
  - Spray & let evaporate (dwell time 1-minutes)

Paper Towels

Hand Sanitizer/Sinks (soap & water; best method)
Process for Resupply for Employees

Facility Work Order System
- Approved COVID Signage
- Hand sanitizer, paper towels, Waxie-730 & disinfectant wipes
- Face coverings/masks & face shields
- Special needs items (department buys, use COVID activity code)

Cleaning, Disinfection & COVID Supplies
Determine protocol for cleaning/disinfecting of work area

Custodians will clean/disinfect each night door knobs, desks, flat surfaces not computers, keyboards or lab equip.

How to clean using Waxie-730

Spray 6-8 inches from surface, and wet thoroughly
Allow surface to remain wet for 1 minute
Wipe with paper towels
Per Governor (08/13):
● Wear your mask in all indoor public spaces
● Limit the amount of time you spend with others

Per Governor (08/27):
● Masks required outdoors where physical distancing is not possible.

Remember: Your mask protects you and others. Their mask protects you.
Care:
Your health and well-being are important to your fellow employees, our students, and our customers.

Concerns:
- Virus Transmission: Potential outbreak and college closure
- COVID Illness: You, your loved ones or fellow employees could get sick
- Non-compliance: Penalties and fines, or worse
- Liability: Potential Lawsuits

Chemeketa COVID-19 Health and Safety Precautions:
- Steps are effective
- Steps work
- Steps ensure compliance with regulatory requirements
- Steps are the RIGHT THING TO DO

YOU control your risk to the virus; mask up

Email covid19@chemeketa.edu for more information